THE WESTMINSTER
DEPOSIT and TRUST COMPANY
WILL
PAY 4 PER CENT.
Per Annum, on Weekly and Monthly Deposits, from
JANUARY 1st, 1900.
GEORGE M. PARKE,
Treasurer.
dec-9 tf

AMERICAN SENTINEL.

$1 PER ANNUM. WESTMINSTER, MD., SATURDAY, MARCH 3, 1900. VOL. 69--NO. 10.

Reifsnider & Grimes.
Attorneys-at-Law,
and Solicitors in Chancery,
232 East Main St., Westminster

We have this day formed a co-partnership for the practice of Law, under the firm name of Reifsnider & Grimes. All business entrusted to us will receive prompt and careful attention. Office 232 E. Main Street, Westminster, Md.

CHAS. T. REIFSNIDER, Jr.
E. O. GRIMES, Jr.
Westminster, Md., December 21st, 1899.

NEW YORK
BARGAIN HOUSE.

News of Chinaware.

This is the season when goods of this class are most in demand. Many will soon be moving or just going to housekeeping, or for other reasons will need to replenish their chinaware supply. We are ready to supply your needs. We have a few combined Dinner and Tea Sets, 100 pieces, handsomely decorated, and cheap at the old price of $10.00, but we have a few to close out at $7.75. They are very cheap and we shall not have any more at this price.

$7.75.

News of BLANKETS.

Many of our friends have availed themselves of this Blanket opportunity; but there are still a number left. Remember it is just as good as putting 75 cents in bank. You can buy a pair of Blankets now for $1.25 that will cost $2.00 next winter. Extra large size and heavy weight, soft fleecy finish and pretty colored borders,

$1.25.

News of Umbrellas.

That special purchase of Umbrellas, mentioned a short time ago, is still worthy your attention. It means that you buy for 98c new and stylish Umbrellas that are really worth $1.25 and $1.50.

98 CENTS.

News of Pictures and Frames.

It is really astonishing how the interest keeps up here, surpassing even our highest expectations. But it is a great opportunity and means pictures of all kinds at half price and frames very low. Bring in your pictures and see how nicely and cheaply we can frame them for you.

WE CLOSE AT SEVEN EVERY EVENING EXCEPT SATURDAY.

NEW YORK BARGAIN HOUSE,
Department Store,
31 East Main Street, Westminster, opposite Catholic Church.

T. W. MATHER & SONS. Telephone Call 24

SAVE BIG MONEY ON CLOTHING.

WINTER SUITS AND OVERCOATS

must be sold. Cost and way below cost. We must have money to pay for over $6,000 worth of Spring and Summer Clothing already bought. No matter what others offer visit

SHARRER & GORSUCH,

opposite Catholic Church, Westminster, Md., and they can and will sell you better values, bigger bargains than you can get elsewhere.

A FEW OF THE MANY BARGAINS.

A lot of Men's suits reduced to $5. These are special bargains. About 15 of the finest Imported Worsted Suits, checks and stripes, latest styles, sold for $15 and $16 now $11.

OVERCOATS.—Not so many left, but what we have are now offered at a great sacrifice. $5.00 coats $3.50; Coats that sold up to $12 now, $7.50; A few very fine $16, $18 and $20 coats for $12. Don't miss these bargains.

A lot of Youths' Suits and Overcoats at half value. Special bargains in Children's Suits. Lot of 25c Knee Pants, reduced to 18c.

New Stylish Suit Patterns, made to order at greatly reduced prices.

About 30 pairs yet of our famous $2.50 Cord Pants, worth $3.00, wholesale to-day.

Remember if you want a nice Black Suit that we, by a fortunate purchase, can sell you fine Clay Worsteds Suits at less than we or any other Clothing concern can buy them to-day for.

SHARRER & GORSUCH, opposite Catholic Church,
sep-12-98-1y-5 Westminster, Md.

THE WHITE PALACE.

John D. Bowers.

Staple and Fancy Groceries.

All Coffee's have advanced and will continue to advance, but I propose to sell my "PRIDE OF WESTMINSTER COFFEE" FOR 15c PER POUND. This is your chance to get Coffee for 15 cents per pound as good as any Coffee sold in the State for 25 cents per pound. The above is my own brand and I am sole agent for Carroll county, Md.

Pride of Westminster Coffee
15 CENTS POUND.
Pride of Westminster Coffee
15 CENTS POUND.
Pride of Westminster Coffee
15 CENTS POUND.

P. S.—The only proof of the above statement is a trial, and you will be convinced.

JOHN D. BOWERS, 47 and 49 E. MAIN ST.,
Opp. Catholic Church. Westminster.
TELEPHONE, C. & P., 11-3. an 23-00-1y

Wm. F. Derr. | Wm. F. Derr.

"THE MODEL STORE NEWS."

The Great Carpet Sale.

Grows in interest day by day. The people of this community are quick to realize and take advantage of such wonderful values in

GOOD NEW CARPETINGS.

The entire stock recently bought from Theo. Derr & Son will be sold at much less than market values to-day. This is a grand opportunity for new housekeepers. Be quick to grasp it. Some hints below—read and profit.

CARPET NEWS.

Regular 50c Ingrain Carpet, new beautiful styles, full yard wide, now goes at 35c.

Very best 65c extra super Ingrain Carpet, handsome patterns, closing at only 50c.

Best 40c New Rag Carpet, worth to-day from the mills 35c, can be had here for 30c.

One lot 75c and 85c best Tapestry Brussels Carpets, in remnants, suitable for halls or small rooms, at only 45c.

A few pieces of good 25c Jointless China Matting left yet, at only 15c.

Handsome large Moquette Rugs, 26x50 inches, regular price $2.50, now going for $1.80.

A few odds and ends in fine Linen Window Shades, worth 50c to 75c, but only one or two of a kind, to close them out we say 25c.

FLOOR OIL CLOTHS ALL WIDTHS AT COST.

SPRING DRESS GOODS.

Many new arrivals and advance styles in the new Dress Goods for spring are on the counters. We invite your early inspection.

NEW BROAD CLOTHS,
NEW VENITIAN CLOTHS,
NEW CHEVIOTS AND HOMESPUNS.

These are the popular materials for Skirts and Tailor made Suits. Our line is complete, comprising all the latest colorings, at very little prices. They are all 54 inches wide.

QUEEN QUALITY SHOES
$3.00.

Have you ever worn shoes for $5 a pair? If so, here is the equals of it in all respects at a saving of two dollars to the purchaser. Queen Quality Shoes for ladies are, without question, the finest, most comfortable and stylish shoes made at the price.

$3.00 PAIR.

We have them in all the new shapes and styles, either button or lace.

WE CLOSE AT SIX O'CLOCK P. M., EXCEPT SATURDAY.

THE GREAT
Model Emporium.
Wm. F. Derr

Westminster, Maryland, near Depot. [Western Md. Telephone 77.

WE TOLD YOU SO.

One year ago when prospective purchasers called to see us we urged them to place their orders, stating prices were advancing and to buy at once. The situation has not changed, the prospects are for strong prices this coming season. Drop in and see us, we can save you money on anything you want in

Building Material, Coal and Slate. A Complete Stock of Sash, Doors and Blinds.

SMITH & REIFSNIDER, WESTMINSTER, MD.

FACTS WORTH KNOWING.

I don't ask you to remember many things. The great facts are easy enough to carry in your mind.

1st. I sell **Pure Liquors, Wine and Beer.**
2nd. I sell them for **Less Money** than they can be bought anywhere else
3rd. When you buy by the gallon I furnish a **Jug Free.**
4th. I only employ first-class workmen in my **Cigar Factory.**
5th. Nothing but first-class **Tobacco** used in manufacturing Cigars.

LEFFERT'S DOUBLE STORE,
ap-10 tf 5 and 7 E. Main St., opp. Depot, Westminster.

Closing Out Sale of Furniture.

INTENDING TO QUIT
THE FURNITURE BUSINESS,

I will sell my entire stock at a great sacrifice, regardless of cost. Those wishing to furnish their houses should come early so as to have the choice of the best.

J. WESLEY BIGGS, 52 West Main St.,
Western Md. Tel. Westminster, Md.
feb-3-3m

CASTORIA
For Infants and Children
Bears the signature of Chas. H. Fletcher.
The Kind You Have Always Bought
In Use For Over 30 Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

WESTMINSTER HARDWARE CO.

THE SIZE OF IT.

You want Paint quality rather than quantity. You won't object to getting a great deal for your money, though; will you, now? OUR HEATH & MILLIGAN,
BEST PREPARED PAINT
wears well and looks well. Permanent colors, ready-mixed. Stands scorching heat and severest cold, and is a permanent improvement to a building.

BAR IRON STEEL LEATHER,
PAINT, OILS, GLASS,
SHOVELS, FORKS, RAKES, HOES,
Mattocks and Picks, Axes and Hatchets, Scythes and Snaths, Iron Kettles, Farm Bells, Wood and Iron Pumps, Ice Cream Freezers.
BLACKSMITH FORGES AND FANS,
Horse and Mule Shoes, Horse Nails, Wire and Cut Nails, Galvanized Fence Wire and Poultry Netting, Tinware and House Furnishing Goods; Whitewash, Horse, Scrub and Paint Brushes, Steel Horse Troughs, Hot Water Heating, Plumbers' and Steam Fitters' Supplies.

We are sole agents for the county for Heath & Milligan Manufacturing Co's. best PREPARED
PAINT and Climax Paste PAINT.
WESTMINSTER HARDWARE CO.,
feb-25 Westminster Md.

REMOVAL OF
Matthews & Myers,
To the NEW STORE,
No. 80 East Main St.,
recently purchased by them, where they will carry on a
Wall Paper, Paper Hanging and WINDOW SHADE BUSINESS,

We are under no expense and are prepared to work at the so-called cheap Paper Hangers price to the high priced Baltimore dealers.

Don't let us be reprezented as having a big rent and lots of other expenses to collect from our customers, as that is out of the question now.

We can sell and Hang Wall Paper with any of them. We have on hand a big lot of 50 cent Window Shades at 25 cents per piece, to close them out. Get them while they last. Give us a call.

MATTHEWS & MYERS,
80 E. Main St., opposite Theo. Derr & Son's Carpet and Furniture Store, Westminster.
ja-25-98-1y

BUSINESS CHANGE,

But the same Old Reliable Place. Having purchased the stock of
Groceries and Queensware
OF M. W. BABYLON, Westminster, Md., a call will convince you that my
GLASS and QUEENSWARE, SYRUP, COFFEES, Teas, Cakes, Crackers, Candies, &c., is the largest stock in this city.
We Take Country Produce in Exchange and Pay Cash.

No trouble to show goods. Also following brands of
Wines and Liquors.
My specialties, Sherwood, Altamont, White New England Rum, Monticello, Woodbrook and Foutz. BEST WINES $1.00 per Gallon. I solicit the former patronage of the store and of the public in general.

Fresh goods at all times and at reasonable prices.
sept-9-1y JOHN I. ORENDORFF.

HOTEL ALBION,
WESTMINSTER, MD.,
Opposite the Depot.

UNDER NEW MANAGEMENT.

A FEW VACANCIES FOR BOARDERS.

Good Table and Excellent Rooms.
Bar Stocked with choice Wines and Liquors.

BAILEY'S PURE RYE WHISKEY.
BLACK LABEL $1.00 PER QT. BOTTLE.
YELLOW LABEL $1.50 PER QT. BOTTLE.

This Whiskey received the highest award, Silver Medal, Diploma and Blue Ribbon, at the Philadelphia Exposition, 1899.
feb 3-tf

JOB PRINTING, such as Sale Bills, Posters, Pamphlets, Books, &c., printed at short notice and at modern prices. Call at this office before placing orders elsewhere.

NEARING THE MILLION MARK.

UNCLE SAM'S ROLL OF PENSIONERS GROWING DAILY.

From the Baltimore American.

The United States roll of pensioners has now nearly reached the one million mark, requiring an annual disbursement of about $139,000,000 in pensions. These payments are made quarterly by eighteen "United States pension agents," who are located at convenient points throughout the country. They are each bonded in sums varying from $150,000 to $300,000 to protect the government against loss, and receive an annual salary of $4,000. The number of pensioners paid by an agent varies from 19,000 to 109,000—the agent at Augusta, Me., making the smallest number of payments, and the one at Topeka, Kan., the largest. While the agent at Washington, D. C., does not make as large disbursements in the aggregate as some of the other agents, the agency is considered one of the most important, owing to the fact that, in addition to payments made to 53000 pensioners on its roll, which includes those who are inmates of the soldiers' homes at Washington and Hampton, Va., about 4,500, and all persons who receive their pension in a foreign country, 4,300 in number, it also pays all of the United States examining surgeons, nearly 5,000 in number, who reside in every state and territory in the Union. The agent has the distinction of not only having served longer than any other pension agent—having received his first appointment from President Arthur, and having been reappointed by Presidents Cleveland, Harrison and McKinley—but he has the names of more prominent pensioners on his roll than can be found upon the rolls of all the other agencies combined. During his long service he has drawn his official check for sums amounting in the aggregate to over $125,000,000.

From this agency checks are sent not only to every state and territory, but also to sixty-seven foreign countries, the following being some of the most conspicuous out-of-the-way parts of the globe to which Uncle Sam's pension bounty finds its way: Algiers, Azores Islands, Bulgaria, China, Camaro Islands, Cyprus, Ecuador, Egypt, India, Isle of Man, Japan, Korea, Liberia, Malta, Mauritius, New Zealand, Philippines, Pern, Russia, Sweden, Seychells Islands, Siam, St. Helena, Tahita and Uruguay.

Those who fear that pension disbursements will never cease can find no consolation in the fact that pensions are now, in this nineteenth century, being paid on account of military services rendered this country during the past 125 years. Beginning with the Revolutionary War, pensions are paid from the Washington agency alone to two widows and one daughter on account of services rendered in that war, the former being Rebecca Mayo and Mary Snead, and the latter Ann M. Slaughter, all of Virginia. There are no surviving pensioners of the War of 1812 on its roll, but 238 pensioned widows survive as a reminder of that conflict. The Indian War of 1832-'44 supplies its quota with 15 survivors and 48 widows. There are about 500 survivors and the same number of widows who are receiving a pension on account of services rendered in the Mexican War—two of the most prominent survivors also rendered service in the Confederate army during the Civil War, namely, ex-Senator Pugh, of Alabama, and General Longstreet; Mrs. Pickett, the widow of the Confederate General, whose troops made the famous charge at Gettysburg on July 3, 1863, also receives a pension on account of General Pickett's services in the Mexican War. Betty Taylor Dandridge and Letitia Tyler Semple belong to this Mexican War class, and each is also noted for having served as mistress of the White House, the latter entering upon her duties upon the death of her mother, in 1842; this position she filled until 1844, when her father, President Tyler, married his second wife. Mrs. Semple is now an inmate of the Corcoran Louise Home at Washington, and by a special act of Congress is in receipt of a pension of $300 per annum. Prior to the death of ex-President Tyler's widow, in 1889—who had been granted a pension of $5,000 per annum—three members of the Tyler family were in receipt of a pension, as, in addition to the pension paid to Mrs. Semple, a pension of $96 per annum was paid to John Tyler, Jr., who was his father's private secretary at the White House. Mr. Tyler, Jr., died at Washington in 1896. Mrs. Dandrtdge, the daughter of ex-President Taylor and widow of Lieutenant Colonel William W. S. Bliss, United States army, presided as mistress of the White House during her father's term as president. She also receives a pension of $600 per annum, by special act of Congress, and resides at Winchester, Va. Elizabeth Watts Kearney, the daughter of that hero of the Mexican and Civil Wars, General Phil Kearney, is the recipient of the nation's appreciation of her father's distinguished services in the shape of a pension of $300 per annum. Margaret S. Worth was also granted a pension of $900 per annum as the daughter of Major General Worth, who, as well as his son, Brigadier General William S. Worth, have figured so conspicuously in the military history of this country. It will be recalled that the son was seriously wounded in Cuba, and subsequently promoted, and retired with the rank of brigadier general.

Coming down to the pensioners of the Civil War of 1861-'65, there are found on the roll of this same agency the names of many who have also made history while battling in defence of their country's honor. There are 68 widows of army officers who held the rank of either major, lieutenant colonel or colonel; and 33 whose husbands held rank above that of colonel; while in the navy class 98 widows are in receipt of a pension whose husbands held rank above that of lieutenant commander, 11 of whom held the rank of rear admiral. The most prominent of the army pensioners are the widows of Generals U. S. Grant, Sheridan, Logan and McClellan, who by special act of Congress, were granted a pension of $5,000, $2,500 and $2,000, respectively.

The widows of the following officers who held rank above that of colonel receive a pension of from $360 to $1,200 per annum: Generals Anderson (of Sumpter fame), Ayers, Boughton, Baxter, Barnes, Burnes, Casey, Cooper, De Russey, Duncan, Davidson, Foster, Flagler, Gibbon, Hough, Hoge, Hovey, Hunt, Kiernan, Kelton, Kilpatrick, Kelly, Sander, Mower, Mason, Newton, Nichols, Plummer, Ricketts, Smyth, Seymour, Stoneman and Tyler. Those of the navy class who also receive a pension of from $360 to $1,200 per annum on account of a rank above that of captain in the navy are the widows of Rear Admirals Davis, Fairfax, Johnson, Le Roy, Mansfield, Maury, Quackenbush, Radford, Skerrett, Wyman and Wilkes.

Among the 8,000 pensioners residing in the District of Columbia, there are a large number of invalid pensioners, many of whom are employed in every branch of the government civil service. In the Pension Bureau proper a considerable percentage of the officers and employes are pensioners—the first and second deputy commissioners of pensions, two-thirds of the chiefs of divisions and many others whose duty it is to pass upon pension claims. In the other departments of the government can also be found pensioners who hold responsible positions. The chief clerks of the United States Treasury, Census, Justice and Agricultural Departments, chief of the Weather Bureau, commissioner of labor, second assistant postmaster general, auditor for the State and other departments, deputy auditor for the War Department and commissioner of internal revenue—in fact, the machinery of the government at Washington seems to be in the hands of ex-Union soldiers. There are, of course, many other pensioners here who are not in the department service, but who have met with success in other callings, Prominent among these are ex-Commissioners of Pensions W. W. Dudley and James Tanner, ex-District Attorney A. S. Worthington and ex-Commissioner of Patents Halbert E. Paine.

While Gen. A. V. Rice and Capt. N. M. Brooks are holding responsible positions in the departments—the latter superintendent of foreign mails, Postoffice Department—they should be classed with the other invalid pensioners mentioned by name, as all, save one, Corporal Tanner, have suffered the loss of a leg, Mr. Tanner, as is well known, having lost both legs. Other prominent pensioners are Colonel Russell Hastings, who commanded the regiment in which President McKinley served; Colonel Charles H. Grosvenor; Gen. Felix Agnus, of The Baltimore American, and General Adam E. King, ex-coasul general at Paris.

Pension payments even reach the White House, as the popular Captain Charles Loeffler, before he became a full-fledged captain, about a year ago, was for many years a pensioner, not, however, for services in guarding the executive secrets since President Lincoln's time, but rather for conspicuous military service on the frontier. Arthur Simmons, Captain Loeffler's ever-faithful colored assistant for thirty years or more, still continues to draw his pension regularly. The local list on this roll of honor should not be brought to a close without referring to the fact that there are four pensioners in Washington who are drawing a pension for the loss of both legs, and the same number for the loss of both arms, these receiving a pension of $864 and $1,200, respectively. Of the United States ministers and consular officers abroad, who also receive their pensions from this agency, are Edwin H. Conger, minister to China; Archibald J. Sampson, minister to Ecuador, and Consuls George H. Moulton, British Guiana; Albert W. Swalm, Uruguay; John A. Barnes, Cologne, Germany; Daniel E. McGinley, Athens, Greece; Church Howe, Palermo, Sicily; Charles B. Harris, Japan; Henry Bordwick, Norway; John K. Goudy, Paris; Albion W. Tourgee, Madrid; George W. Rosevelt, Brussels; Samuel S. Gracy, China; S. Edwin Dudley, Vancouver, British Columbia; General Peter Osterhaus, Manheim, Germany; Robert F. Patterson, Calcutta, India, and Daniel Mayer, Buenos Ayres, and General George S. Batcheller, who holds an important judicial position in Egypt.

The Spanish-American and Philippine war will possibly be responsible for some pensioners, whose names may appear upon the pension roll for another century. So far as the Washington agency is concerned, there have only been 94 names added to its roll on account of this war. Conspicuous among these are the widows of Colonels John M. Stotsenburg, of the First Nebraska Volunteer Infantry (the first commander being Col. W. J. Bryan); Charles W. Williams, United States army; Major Casper H. Conrad, Captains Allyn Capron, Allyn K. Capron (father and son), John Carmichael, Charles Dodge, Jr., Benjamin H. Gilman, John F. Honeycutt, Charles P. Kohler, Daniel S. M. Peixoto, Charles W. Rowell and Sydney E. Stuart. And as navy pensioners, the widows of Lieutenant Commander Edward W. Sturdy and Lieutenant Herman G. Dressel; also, the mother of Ensign Worth Bagley.

The number of pensioners borne upon the roll of the eighteen United States pension agencies at the close of the fiscal year ended June 30, 1899, on account of services rendered in our various wars since 1775, classified by wars, are as follows:

		Total.
War of 1776—Widows	4	
Daughters	7	11
War of 1812—Survivors	1	
Widows	1,908	1,909
War of 1834—Survivors	1,656	
Widows	3,899	5,555
War of 1846—Survivors	9,204	
Widows	8,175	17,379
War of 1861—Survivors	742,467	
Widows	223,156	
Army nurses	653	966,276
War of 1898—Survivors	123	
Widows, etc.	176	299
This makes a grand total of		991,519

pensioners, on account of which there were paid in pensions by the several agencies dnring that year $138,355,052.95. Total number of pensioners added to the roll for the same period, 40,991. The number dropped, 43,186, showing a decrease of 2,195. Of this number 34,345 were dropped on account of the death of the pensioner. These figures show that, prior to the present war, the turning point in the disbursement of pensions had been reached, but at an expense in lives of a large number of veterans, who, nearly forty years ago, fought to preserve the Union, and who have, during nearly all these years, led a life of pain and misery—the result of wounds or disease. This large annual death roll can, of course, have but one effect upon the pension list and pension disbursements. The death of nearly 35,000 pensioners during one year means that this death roll will be increased to at least 38,000 for the present fiscal year, and during the coming year will be swelled to nearly 44,000, and at a more rapid rate during each succeeding year thereafter. This must needs be so, for, as is well known, when the young men took up arms in defense of their country, nearly forty years ago, a majority were between the ages of twenty, and twenty-five. So that a large percentage of the severely maimed pensioners now borne upon the pension roll will not probably survive their wounds or disease for only a few years longer. This being the case, the prediction can be safely made that the present pension roll will not hereafter be increased to exceed 10,000 pensioners, and that the disbursement of pensions will not again reach $140,000,000 in any one year. Of course many new names will be placed upon the pension roll on account of the Spanish American war; few however on account of wounds. But before these pension claims on account of disabilities other than wounds are adjudicated to a considerable extent by the Pension Bureau the deaths in the ranks of the old veterans of '61 will more than offset such addition to the roll for services rendered in this war.

The new pension legislation which has been mapped out for the present Congress—involving, as has been estimated, all the way from $100,000,000 to $500,000,000—if enacted into law, need not cause any anxiety on the part of those who are always predicting a bankrupt Treasury owing to the drafts made upon it by the country's defenders, through whose efforts the stability of not only Treasury, but the government itself was re-established some thirty-five years ago.

As a pensioner, who has, during the past thirty years, watched pension legislation at Washington, a portion of this time closely connected with the disbursement of pensions under laws heretofore enacted, the writer would say that there is no cause for alarm over this proposed pension legislation. The files of both houses of Congress are full of bills of like character, many of which have remained unacted upon for thirty years.

SIDNEY L. WILSON.

APPLES AS MEDICINE.

The Various Good Qualities Possessed by the Homely Fruit.

Chemically, the apple is composed of vegetable fiber, albumen, sugar, gum, chlorophyll, malic acid, gallic acid, lime, and much water, says the *Hospital*. Furthermore the German analysts say that the apple contains a larger percentage of phosphorus than any other fruit or vegetable. This phosphorus is admirably adapted for renewing the essential nervous matter, lethicin of the brain and spinal chord. It is, perhaps, for the same reason, rudely understood, that old Scandinavian traditions represent the apple as the food of the gods, who, when they felt themselves to be growing feeble and infirm, resorted to this fruit for renewing their powers of mind and body. Also, the acids of the apple are of signal use for men of sedentary habits, whose livers are sluggish in action; these acids serving to eliminate from the body noxious matters which, if retained, would make the brain heavy and dull, or bring about jaundice or skin eruption and other allied troubles.

Some such experience must have led to our custom of taking apple sauce with roast pork, rich goose, and like dishes. The malic acid of ripe apples, either raw or cooked, will neutralize any excess of chalky matter engendered by eating too much meat. It is also the fact that such fresh fruits as the apple, the pear, and plum, when taken ripe and without sugar, diminish acidity in the stomach rather than provoke it. Their vegetable salts and juices are converted into alkaline carbonates, which tends to counteract acidity.

A good, ripe raw apple is one of the easiest of vegetable substances for the stomach to deal with, the whole process of its digestion being completed in eighty-five minutes. Gefrard found that the "pulpe of roasted apples mixed in a wine-quart of fair water, and labored together, until it comes to be as apples and ale—which we call lambswool—never faileth in certain diseases of the raines, which myself has often proved, and gained thereby both crownes and credit." "The paring of an apple, cut somewhat thick, and the inside whereof is laid to hot, burning, or running eyes at night, when the party goes to bed, and is tied or bound to the same, doth help the trouble very speedily, and contrary to expectation—an excellent secret."

A poultice made of rotten apples is of very common use in Lincolshire for the cure of weak or rheumatic eyes. Likewise in the Hotel des Invalides at Paris an apple poultice is used commonly for inflamed eyes, the apple being roasted and its pulp applied over the eyes without an intervening substance. Long ago it was said apples do easily and speedily pass through the belly; and for the same reason, a modern maxim teaches that: To eat an apple going to bed the doctor then will beg his bread.

Old Gent (to convict)—What is the most objectionable feature you find in prison life, my dear friend?

Convict—Wisdom.

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