DENTON JOURNAL

PAGE 2

HOWARD MELVIN BENJ. H. JOHNSON

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SATURDAY MORNING, AUG. 1, 1914

EDITORIAL NOTES.

The Methodist Protestant declares that Maryland must awake or "it will find itself losing the noble traditions upon which its greatest hope for progress depends. There is a little crowd of people who are determined to destroy the sanctity of our Sunday. They are going at it in the most aggressive and business-like manner. They have won a majority of the City Council, a gang of men who can sneer with contempt at good, sober, steady, taxpaying citizens, and listen with enthusiastic interest to an infidel, a rum-sucker or a booze vender in attacks upon Christian institutions. Baseball games have been arranged for Sundays, with the express purpose of bringing the case into the courts in the hope that judicial decisions would open the way for a wide-open Sunday. Failing before the lower courts, they threaten to take it to the Court of Appeals and even to the Supreme Court. As a last resort they propose to elect a Legislature that will abolish our Sunday laws and give the State a Sunday like those on the continent of Europe."

Millions of soldiers of Europe are getting ready for bloody war. A conflict of gigantic proportions seems imminent. Austria has invaded Servia, over the protest and in spite of the threat of Russia, the defender of the little kingdom, and Cossacks by the hundreds of thousands are hastening to the frontier. In anger Germany demands an explanation of the Czar, buckling on the armor of war. Great Britian, the all-powerful naval ally of Russia, hastens her ships of war to striking distance, and the troops of France, another force behind Russia, are moving. If the conflict indicated comes it will be the greatest in the World's history, and its awful consequences will last forever.

The elimination of the Dictator Huerta, without bloodshed, proves the wisdom of the "watchful waiting" policy pursued by President Wilson and Secretary Bryan in the Mexican crisis. It now seems probable that peace will be restored in that turbulent republic in a very short time without further sacrifice of lives or property. Had we undertaken to bring about this condition through armed intervention the chances are that we would have been in the thickest sort of a fight about this time, with many husbandless wives and sonless mothers.—Ex.

This year's wheat crop, estimated a 930,000,000 bushels, surpasses all previous records. This will give nearly six bushels for food for every citizen of the United States, leave enough for seed for next year and allow 330,000,000 bushels for exportation. Prices will continue good. Exportations of foodstuffs, meats and oil surpass last year's record by nearly $40,000,000, according to figures of the Bureau of Foreign and Domestic Commerce. Uncle Sam is a richer landlord now than he ever was before.

One of the greatest things that can come to the growing boy or girl is a desire for wholesome reading matter; and once this desire is created, it is a sacred duty to see that only the best is furnished the child. In this day of literary trash and dirt this is not easy. Many publishing houses are perpetrating stuff on the public that should be barred from the mails—stuff the very cheapness of which makes it all the more likely to fall into the hands of the book-hungry boy and girl.

Many friends hereabout learned with much pleasure that former Judge W. Laird Henry was to become a member of the Public Service Commission, for which position he is so well qualified. Like his kinsman, Hon. Philip D. Laird, the retiring member, he is of the type well suited for a post of service to the people.

That an improved road will increase vastly the productiveness of the area through which it runs has now been satisfactorily demonstrated by studies conducted by the United States Department of Agriculture in Virginia.

WAR PUTS UP PRICES.

The declaration of war by Austria upon Servia put up quickly the price of wheat in all markets. The Sun says:

"In Baltimore the advance was only 3 cents a bushel above Monday night's closing, the highest point being 90⅞ cents. Even in this advance there was no evidence among the traders on the floor of the Chamber of Commerce that anything anusual was taking place. When the offerings of the wheat were made they were accepted if the bids of the buyers were satisfactory and that ended it.

"But they all recognize that open hostilities which may involve the whole of Europe will not aid their business. In that event the export of all foodstuffs may cease and with that trade eliminated Baltimore's trade will come almost to a standstill.

"The exporting is almost entirely in British and German vessels. With these nations involved it would be a risk to attempt to export any contraband of war, and foodstuffs are in this class. It will always be subject to seizure by the hostile nation. In this event, it is said, no matter how urgent may be the needs of Europe for food supplies and no matter what price may be offered for the surplus of this country, it may become a difficult matter to get it to them.

"It is this combination which causes most of the Baltimore grain dealers to have serious doubts that there is to be any general conflict in Europe, and it is the one which is causing them to keep their heads in the present turmoil and to refuse to become excited over the present rapid rise in wheat prices."

The Wilson Personality.

The President achieves and holds his preeminence not by being domineering or dictatorial, observes E. G. Lawry, in Collier's. Quite the contrary. In his manner he is one of the most deferential men that has ever been in the White House. He is even meek, but his meekness is that of one of those of whom it has been said that they shall inherit the earth. He does not lose anything by it. Many of those who have sat under it declare that no despotism is harsher, no tyranny so rigid as that exercised by a college or university president over his faculty. It would seem sometimes that Mr. Wilson has projected his experiences as a university president into his present relationships with his Cabinet officers. So far as is known, nobody in his Cabinet has found occasion to stand up against him or to combat him without making ultimate surrender.

It is because of these things, and because we cannot find any kinship through the common human failings, that there has come into being the Washington conception of Mr. Wilson as a thinking machine and not as a warm-blooded human being with faults and follies. He is always so everlastingly right. So far as anyone knows he never loses his temper. If he does he goes off and loses it privately, finds it again and comes back, and everything is "all hunky-dory."

The only ostentatious thing about Mr. Wilson is his modesty. It is as conspicuous as a red necktie with evening clothes.

Country Life Conference.

Although the Country Life Conference of Maryland Ministers to be held at the Maryland Agricultural College on August 4, 5 and 6 will be in the nature of an innovation in this State, it promises to be a splendid success, and much advance interest is being shown in it.

The Conference, besides being the occasion for many instructive addresses by prominent clergymen and authorities on country life, will furnish the ministers a means for intercommunication of ideas concerning rural pastorates, etc., that, it is considered, will be of great practical value.

The speakers will include Dr. Thomas N. Carver, of Harvard University, president of the New England Country Church Association; Henry Israel, editor of Rural Manhood; Rev. Dr. C. O. Bemis, of McClellandtown, Pa.; Prof. W. M. Hays, former Assistant Secretary of Agriculture; Rev. Dr. Ward Platt, of the Methodist Board of Home Missions, and others of equal promineuce. The conference will be held under the auspices of the Agricultural College and the ministers will be entertained at its expense.

B. H. Darrow, general secretary of the College Y. M. C. A., is enthusiastic over the ontlook for the Conference.

"The promoters of the Conference," he said, "have no dream that it will bring about immediate and pronounced change in the church life of Maryland. They realize that only thoughtful and vigorous effort over a period of years will materially change a rural community.

Nevertheless, much should be accomplished by this meeting of men intent on knowing more about the problem that they may be better able to cope with it. Every minister in the State has been invited, and scores are gladly embracing the opportunity.

"Farmers, too, are manifesting their interest and not only the men but the women. The farmer's wife can tell of hard work, worry and disappointment with but little opportunity for indulging the finer sensibilities of her nature. She is too often bound down by the tedious routine of daily duties, and her naturally social nature is like a spring walled up at its source.

"The former boy—jolly, care-free country boy—wish I were back there again, say a thousand cliff-dwellers of our crowded cities."

Crop Notes.

It is hardly necessary to say much in praise of lima beans. Everybody likes them. They are most delicious when but little more than half grown in the pods, palatable and enjoyable up to the time of reaching full size while yet green, and better than most other beans even fully ripened and dry shelled. Lima beans are immensely productive, on rich land, especially the pole varieties. On the farm near town, or with a parcel post trade, a few dollars are easily picked up by the man, woman or youngster who will raise a little patch of limas, gather the pods and put the shelled beans in quart baskets before the appreciative customer. It ought not to be very much trouble to make clear a hundred dollars on an acre of limas.

Our farmers need have no fear of violating the law in making vinegar if they use pure apple juice, and dealers need not hesitate to sell it. The Federal Bureau of Chemistry so declared in a statement issued a few days ago to encourage farmers to resume the making of apple vinegar and thus save thousands of bushels of apples. Some years ago, owing to a misunderstanding of the law, dealers became afraid to handle apple vinegar, believing it would not meet the requirements of the act, and the farmers allowed their apples to rot for the same reason.

If you fear the coming of the army worms (their coming is very mysterious and sudden) the most practical way to keep them out is to plow furrows in front of them, throwing the furrows in the direction toward which they are traveling. The worms will fall into the furrows and when this is full they may be killed either by dragging a log back and forth in the furrow or by destroying the worms in holes previqusly dug at intervals of 20 feet in the bottom of the furrow. Coal-oil poured on them in the holes will destroy them. The size of the worm is about 1½ inches long and ¼ of an inch in diameter.

Another carload of carriages unloaded by J. T. Framptom & Son, Federalsburg. This firm has the best all-leather top and wool-lined carriage on the market for $60.

IMPORTANT HOME STUDIES

Domestic Science and Practical Farming to Classes in the Country.

A plan whereby ten or more farmers or farm women can form home classes in agriculture or domestic science and receive the textbooks, lectures, lantern slides, laboratory and cooking equipment necessary to conduct them has been devised by the U. S. Department of Agriculture in co-operation with Agricultural Colleges of certain States.

The object of the plan is to make accessible at home, to men and women who have not the time or means to attend the regular courses at the colleges, practical short courses in agriculture and home management specially adapted to their districts. These courses, which will consist of 15 to 20 lectures, and will consume five or more weeks, can be arranged to suit the spare time and convenience of each group of people.

The courses to be offered at first are poultry raising, fruit growing, soils, cheese manufacturing, dairying, butter making, and farm bookkeeping; and for the women especially, courses in the preparation, cooking and use of vegetable and cereal foods. The Department will supply lectures and lantern slides covering these subjects, and the States which have agreed to co-operate in the plan will lend to each group laboratory and cooking apparatus valued at $100 and a reference library. The textbooks and lectures will be made so complete that each group can safely appoint one of its members as study leader to direct the course.

When a group has decided to take up the work, the State which co-operates sends an agent with the Department's representative to organize a sample class and assist the leader whom they elect in laying out the work and in showing him the best methods of procedure. The classes commonly are held from 8.00 to 12.00 in the morning and from 1.00 to 4.00 in the afternoon, two or three days each week. The sessions are not held every day so that the members will have time to attend to their farm duties in between the sessions, as well as before and after the instruction period. The classes meet commonly at the most convenient farmhouse. During the morning hours, textbook work is done. In the afternoon laboratory work is conducted, and the women who have elected to take the domestic science courses have practical lessons in cooking.

As soon as a class is established, the State organizer withdraws to start a class in some other district. The work thereafter is left in charge of the leader, who receives assistance by mail from the college or the Department in carrying on the work.

As there is no regularly paid instructor, classes can be carried on all over the State as rapidly as the college organizer can visit the groups, and as quickly as the laboratory sets supplied by the college become available. The local leader will preside during the reading of the lectures and references, for which full texts and lantern slides are supplied by the Department. He will also be responsible for the laboratory equipment. Every one who completes the course will receive a certificate from the State College.

Not all of the States have yet agreed to co-operate in this plan. Last winter experiments along these lines were carried out successfully in Pennsylvania, and this has stimulated an interest in the method in other States. In one of the Pennsylvania classes more men applied than could be accommodated, and all of the 20 men and 15 women who began the course completed it. Pennsylvania is now arranging for more classes, while Massachusetts, Michigan, Vermont and Florida expect to take up the work. Other States, such as Maine, New York, New Jersey and Delaware, have signified there willingness to co-operate.

Ordinarily a college in a State applies to the Department seeking its co-operation, when sufficient interest has been shown in the plan in several communities where ten or more people have sought the instruction. For financial reasons, certain colleges are not so able to engage in the work as are others.

The advantage claimed for the new home courses with local leaders and laboratory equipment over the ordinary correspondence courses is that only a small percentage of those who take the individual correspondence course finish it. Studying in a group, with laboratory work and a leader, seems to stimulate the interest and add a social feature which lead the members of the group to follow the work conscientiously and complete it. Experiments with free correspondence courses show that while many individuals gain advantage from them, many others, because the material is furnished free, do not feel the same obligation to complete them as they do when they pay a substantial sum of money for the instruction.

My Creed.

I hold that Christian grace abounds
Where charity is seen; that when
We climb to heaven, 'tis on the rounds
Of love to men.

I hold all else, named piety,
A selfish scheme, a vain pretense;
Where centre is not—can there be
Circumference?

This, I moreover hold, and dare
Affirm where'er my rhyme may go—
Whatever things be sweet or fair,
Love makes them so.

Whether it be the lullabies
That charm to rest the nursling bird,
Or that sweet confidence of sighs
And blushes made without a word.

Whether the dazzling and the flush
Of softly sumptuous garden bowers,
Or by some cabin door, a bush
Of ragged flowers.

'Tis not the wide phylactery,
Nor stubborn fact, nor stated prayers,
That make us saints; we judge the tree
By what it bears.

And when a man can live apart
From works, on theologic trust,
I know the blood about his heart—
Is dry as dust.

—Alice Carey.

The Barbara Fritchie Yarn.

Rev. J. E. Maloy, a retired Methodist Protestant preacher, who many years ago taught school in Denton, and years thereafter was the minister of Grove circuit, writes to the Baltimore Sun:

"The hackneyed Barbara Fritchie incident, the threat she never made, the flag she never waved, has long since become threadbare, and nothing I can say will add interest to it. But if one won't speak when he ought to speak, he may not be allowed to speak when he wants to speak. I feel I ought to speak. I have just rounded out 55 years of unbroken service in the Gospel ministry of the M. P. Church in the Maryland Annual Conference, and with a grateful heart, if I continue to be and to feel as at this writing, I am good for at least 55 years more of improved, better service.

"At the time of this reputed incident I was stationed by authority of my conference in Frederick City, and began then and there my experience as chaplain to the General Assembly of Maryland, many times since repeated. Comparatively few readers of this article will remember the extra session of that law-making body held and disbanded at the point of the bayonet in that city. In the same city not just at one and the same time, General Lee's army encamped in its suburbs. I visited the camp during its brief stay, saw and saluted many of the officers—Generals Lee, Longstreet, Stonewall Jackson, the two Gen. Hills and others. I stood on the street and saw the army as it marched out of the city. Memorable sight! Being recognized by two of the cavalrymen in their march, they dismounted and hastily shook my hand—Mr. Smith and Alexander Norris, of Belair, Md. But never once, till years afterward, did I hear the faintest whisper of the Barbara Fritchie incident. That it ever occurred, I have not the most remote idea. It exists only in fancy, not in fact, I am sure. To raise a monument on a mere fancy is like building a house on the sand.

"As an American citizen in his pilgrim journey to the vast forever, and now within sight, soon within touch of his eightieth mile stone, and in company and proximity with two no less distinguished travelers than Bishop Alpheus Wilson, of the Methodist Episcopal Church South, and his Eminence James Cardinal Gibbons, of the Catholic Church, both octogenarians, and both an illumination and inspiration to the race, reminding us that we, too, may make our lives sublime, I fondly hope there will be no linking of fancy and fact by coupling the Key celebration with the Barbara Fritchie incident."

Why Butter is Yellow.

That the rich yellow color demanded by the public in dairy products is primarily due to the character of the cow's feed is demonstrated by recent experiments carried on by the department in co-operation with the Missouri State Experiment Station. For some years dairy experts have been studying this question. Their conclusion is that, although to some extent a breed characteristic, the intensity of this yellow color may, within certain limits, be increased or diminished at will by changing the animal's rations.

Chemical tests show that the yellow pigment in milk consists of several well-known pigments found in green plants. Of these the principal one is carotin, so called because it constitutes a large part of the coloring matter of carrots. The other yellow pigments in the milk are known as xanthophylls. These are found in a number of plants, including grass, but are especially abundant in yellow autumn leaves. These pigments pass directly from the feed into the milk. This explains the well-known fact that fresh, green grass and carrots increase the yellowness of butter, the only standard by which the average person judges its richness.

In the Lodge.

First Surgeon—What did you find the man had?

Second Surgeon—Two hundred and eighty dollars.

First Surgeon—You misunderstand me. What did you operate for?

Second Surgeon—Two hundred and eighty dollars.

The State of New Jersey gave a full and fair test to voting machines, expending the sum of $8180,500 in their purchase and installation. For awhile, according to the Trenton Times, there was great rejoicing among the reformers, who looked upon the machines as absolute assurance of a fair ballot and an honest count, but soon it was discovered that the machines, while they gave quick returns, did not always give honest returns. Tricks were played upon them, cogs were slipped, and at critical times they failed to work. So they were discarded and recently the entire lot was sold as junk.

Not many days ago, the violin playing of a poor Italian boy attracted the attention of a wealthy western man who happened to hear the talented lad as he won casual hearers about the Albany (N. Y.) station. As a rich man's protege, the lad is now said to have his education assured, and such capacity as he has will be given full chance to blossom and bear fruit.

For Sale.

Very nice oak desk, with rolling top, suitable for a business man and very secure, and an excellent bookcase of walnut, with glass doors the length of the case. Both practically as good as new and can be bought at low figures. Inquire at the JOURNAL Office. (8-1-3t)

For Sale.

One Excelsior Motorcycle, twin cylinder, 8 horse power, two speeds, in perfect order. Equipped with head light, speedometer, time piece, also back seat,
H. M. PARROTT,
8-1-2t Preston, Md.

For Sale.

My home place of six acres of land and a six-room dwelling, new, and large barn and other outbuildings, is for sale.
MRS. ANNIE E. LANGRELL,
8-1-3t American Corner, Md.

J. H. NICHOLS & CO'S

LAST CALL FOR LOW PRICES ON SPRING AND SUMMER CLOTHING

This is your opportunity to secure for YOURSELF OR YOUR BOYS CLOTHING at a price that will surpass all former reductions, considering the quality. Nothing reserved in our line. All colors and qualities are reduced. Our WASH SUITS for Children are included.

CLUETT AND ARROW BRAND SHIRTS

made and designed by one of the best Shirt Makers in this country, are now on sale, including Soft with collar, Soft without collar, Neglegee in beautiful stripe. Now is the time to secure right in the height of season Summer Shirts. All sizes.

$1.50 Kind now $1.15. $1.00 Kind now $ .75.

STRAW HATS

ANY STRAW HATS in our Hat Department that sold up to $3.00 now, your choice, $1.00.

You Can Secure at OUR LOW CUT LADIES' SHOE DEPARTMENT 150 Pairs Ladies' Selby Oxfords, mostly smaller sizes, up to 4 1-2, at $1.50. This is a rare chance, as every pair offered was formerly priced $3.50. We want to close them out.

J. H. NICHOLS & CO., DENTON, MD.

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24 East Fayette Street,
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You should see our large variety of imported and domestic

Woolens for Spring and Summer

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$25.00 to $45.00.

Respectfully,

J. Harry Rose.

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Assorted

Best Wishes, Greetings, Lover's, Birthday, etc. Also your Name in our Post Card Exchange free on request, and free sample copy of the Family Story Paper; also Catalogue and premium list. Enclose 10c. stamps for return postage, etc.

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[5-16-1yr]

TO THE PUBLIC

The large and convenient Sale and Exchange Stable on Third Street, which we recently completed, was opened to the public on Thursday, December 18. We have a large STOCK OF HORSES AND MULES FOR SALE OR EXCHANGE, and the public generally is invited to call.

M. L. BECK & BRO.
DENTON, MD.

Residence and Bakery for Sale

A comfortable residence and a good bakery, in good order, with a large patronage, in growing town, is for sale. Good opportunity. To be sold because of poor health. Address "Opportunity," JOURNAL Office, Denton, Md. (8-1-3t)

For Sale.

A nice seven-room house, conveniently arranged and well located, with cellar and garret. Fine fruit and shade. Lot 75x126 feet. Terms very reasonable. Apply to JOURNAL Office. (7-25-4t)

Hay and Corn For Sale.

Alfalfa, Crimson Clover and Timothy Mixed Hay; also Corn on ear and second size Irish Cobbler Potatoes for sale.
J. FRANK WRIGHT,
7-25-3t Tuckahoe Neck.

Houses for Rent

In Denton and West Denton.
Apply to L. B. TOWERS,
9-6-y. Denton, Md.

PUBLIC SALE
—OF—
Personal Property

Having bought a smaller farm, I will sell at public sale on the Marine farm, near Whiteleysburg, on

MONDAY, AUGUST 10th, 1914

commencing at 10 o'clock a.m. (If stormy the next clear day):

LIVE STOCK

Horse No. 1. Handsome brown German Coach horse (Prince), 5 years old, good driver, not afraid of automobiles, safe for ladies, will work anywhere, and weighs 1250 pounds.

Horse No. 2. Bay Horse (Harry), 9 years old, splendid worker, good driver, not afraid of automobiles, safe for ladies to drive, and weighs about 1200.

These two horses make a fine-looking double team.

Horse No. 3. Bay Horse (Major), 6 years old, good worker and driver.

One Mule, 12 years old, good worker.

One Young Mule, 2 years old.

Ten Cows, ages ranging from 4 to 10 years, all excellent cows, five fresh at pail, four with calves by their sides that will be ready to take away by day of sale, and one Durham Bull, quiet and ready for the butcher.

FARMING UTENSILS

Manure Spreader, good as new; good Farm Wagon; 11-tine Bickford & Huffman Drill, new; Disc, good as new; 2 Drags, Spring-tooth Harrow, 2 No. 40 Oliver Plows, 2 Oliver Riding Plows, nearly new; Gang Plow, Riding Cultivator, Mower, Deering Binder, good as new; Deering Rake, 1-row Corn Cutter, Carriage, Runabout, Wheelbarrow, Clover Seeder, Chatham Grain Fan, nearly new, with riddles for all kinds of seed; Wagon Rack, good Blacksmith Forge, Dearborn and Pole, Straw Knife, Grindstone, set of Carriage Harness, 2 sets of Wagon Harness, Bridles, Collars, large Farm Bell, Foot-power Creamery Churn, Sixplex Separator, in good order.

One Clark's Premier Incubator, capacity 200 eggs.

HOUSEHOLD GOODS

Including one Antique mahogany Writing Desk and Bookcase combined.

TERMS OF SALE

All sums of and under $10, cash on day of sale; on all sums over that amount a credit of 12 months will be given, purchaser giving note with approved security, payable at the Caroline County Bank. No property to be removed until terms are complied with.

CHARLES W. WILLIS,
T. CLAYTON HORSEY, Owner.
Clerk.
F. P. COVEY, Auctioneer.

GRAND TOURNAMENT AND BASE BALL

WILL BE HELD

at Queen Anne,

Saturday, August 1st.

PRECEDED BY A PARADE AT ONE O'CLOCK P. M.

BASE BALL—Queen Anne vs. Denton.

Tilting will begin immediately after the game of ball.

Cash prizes awarded to successful riders.

The Charge to the Knights and the Coronation address will be delivered by prominent speakers.

Refreshments served on ground.

Music by Hillsboro Band.

DENTON'S BARGAIN HOUSE

REDUCTION SALE

—OF—

LINENS, LAWNS, VOILES, AND NOVELTY SUITINGS;

Also a Big Cut in

OXFORDS and LOW CUT SHOES.

See Our Goods and Prices before buying elsewhere.

We Are Opening Some Snappy Bargains in

MEN'S Ready-Made CLOTHING

You cannot afford to miss this opportunity.

We are arranging to carry in Stock a Line of Brethren's Plain Clothing. Call on us when in town. We will make it to your interest to deal at our store.

J. H. BEER,
Sixth Street, DENTON, MD.

REGARDING WIND STORMS

The wind storms in this section seem to be getting stronger all the time and a great deal of damage to buildings has occurred here of late. The premiums on a policy of this kind is such a price that no one can afford to be without same. For an illustration, the rate on dwelling for one year is $.10 per hundred or $1.00 per thousand. A three year policy for $1000 would cost you $2.00. The Company will carry a policy for the cost of buildings or as low as 50 per cent of cost and it also pays a loss where same is large or small. If you can be interested in a policy of this kind, be kind enough to notify us and we will be glad to take same up with you.

COOPER, WRIGHT & COOPER,
INSURANCE OF ALL KINDS.

TOBACCO HABIT CONQUERED IN 3 DAYS

I offer a genuine guaranteed remedy for tobacco or snuff habit. It is mild, pleasant, strengthening. For either sex. Overcome that peculiar nervousness and craving for cigarettes, cigars, pipe, chewing tobacco or snuff. Tobacco is poisonous and seriously injures the health in several ways, causing such disorders as nervous dyspepsia, sleeplessness, gas, belching, gnawing stomach or uncomfortable sensation in stomach, constipation, headache, weak eyes, loss of vigor, red spots on skin, throat irritation, catarrh, asthma, bronchitis, heart failure, lung trouble, melancholy, neurasthenia, impaired memory and will power, impure (poisoned) blood, heartburn, torpid liver, loss of appetite, bad teeth, foul breath, lassitude, lack of ambition, weakening and falling out of hair and many other disorders. Nervous breakdown, weakened intellect and INSANITY are often attributed to tobacco habit by eminent medical men. Why continue committing suicide when you can live a really contented life if you only get your body and nerves right? It is unsafe and torturing to attempt to rid yourself of habit by suddenly stopping with will-power—don't do it. Correct method is to eliminate the nicotine poison from system, strengthen the weakened, irritated membranes and nerves and gradually overcome the craving. Would you like to quickly and easily quit tobacco and enjoy yourself a thousand times better while feeling always in robust health? My FREE book tells all about the wonderful 5 days Method. Inexpensive, reliable. Also Secret Method for conquering habit in another vile-out his knowledge. Full particulars including my Book on Tobacco and Snuff Habit mailed in plain wrapper, free. Address:

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