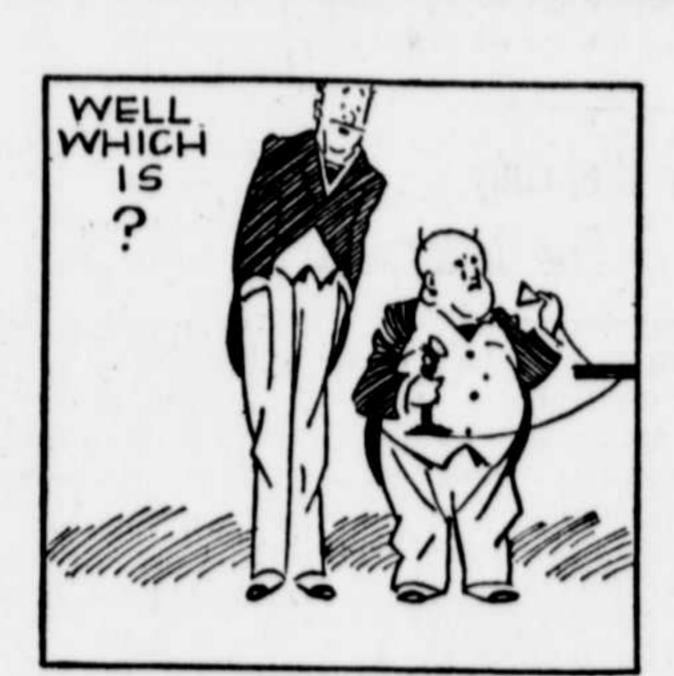
NINY SIDE OF L



POP-Pop's Right

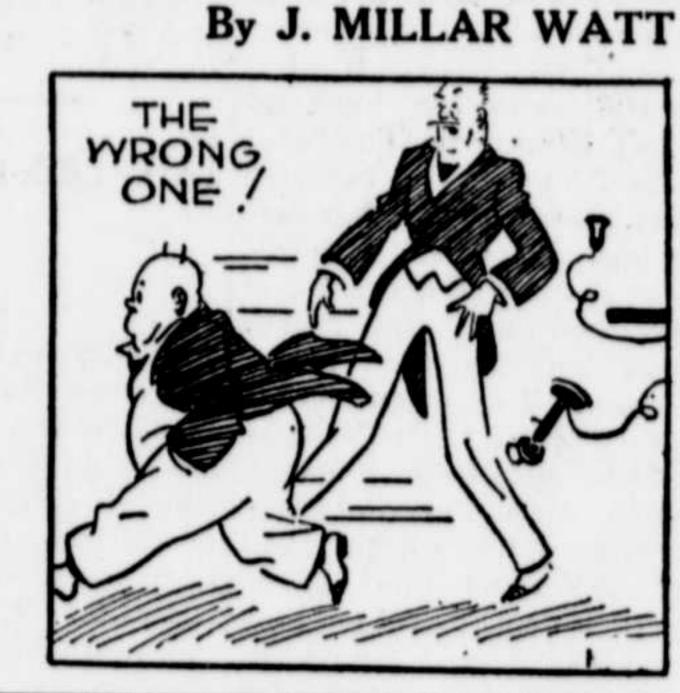




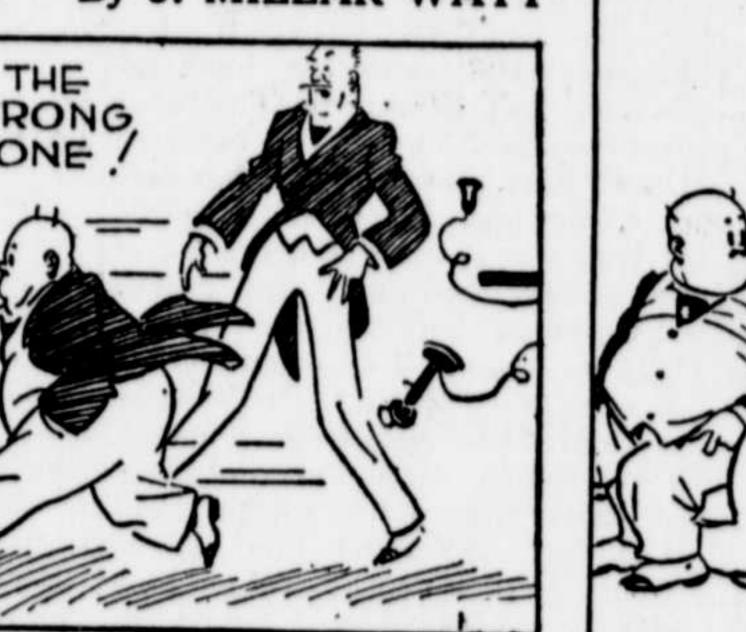


SUBURBAN

HEIGHTS

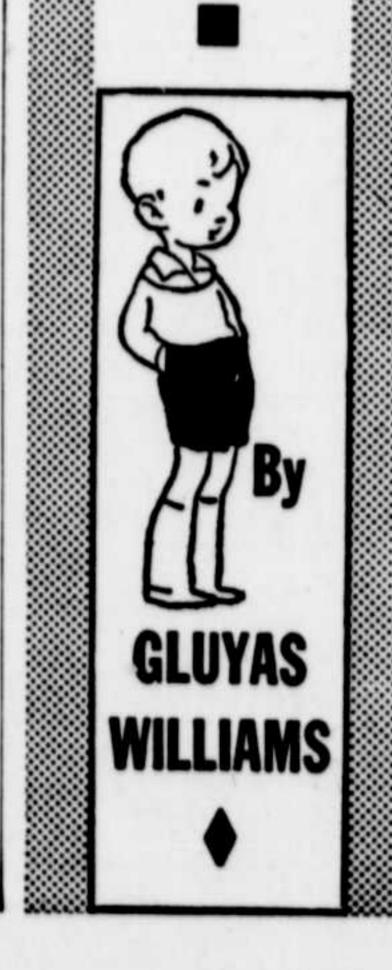


GO GUB-GUB-GUB













Gas ovens will not rust if the oven door is left open a few minutes after gas has been turned off.

In setting table for guests allow 24 to 30 inches for each person if you want them to be comfortable.

If water is spilled on the leaf of a book, put leaf between two blotters and iron first on one side, then on the other. Leaf will not crinkle.

Keep small objects such as buttons, marbles and pins off the floor and away from small children.

Shrubbery should be pruned in the late winter rather than the spring. Old stems should be pruned out as near the bottom as possible rather than new shoots snipped off.

Put a teaspoonful of honey into each cored apple before baking.

If you have the occasion to cut marshmallows, dip your kitchen scissors in powdered sugar before each whack and there will be no sticking.

To keep a floor in good condition requires more than watchfulness. Besides a regular monthly waxing for the whole room, those areas which are walked over the most should be waxed more often.

Prunes should be stewed in the water in which they have been soaked.

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION for Coughs, Chest Colds, Bronchitis

Qualities of Prayer

Prayer is the believer's comfort and support, his weapon of de-fense, his light in darkness, his companionship in solitude, his fountain in the desert, his hope and his deliverance.—Van Dyke.

may affect the Heart

Gas trapped in the stomach or gullet may act like a hair-trigger on the heart. At the first sign of distress smart men and women depend on Bell-ans Tablets to set gas free. No laxative but made of the fastest-acting medicines known for acid indigestion. If the FIRST DOSE doesn't prove Bell-ans better, return bottle to us and receive DOUBLE Money Back, 25c.

The Heart Knows

We know the truth, not only by the reason, but also by the heart. -Pascal.

Cranky? Restless? Can't sleep? Tire easily? Because of

distress of monthly functional disturbances? Then try Lydia E. Pinkham's Vegetable Com-

Pinkham's Compound is famous for relieving pain of irregular periods and cranky nervousness due to such disturbances. One of the most effective medicines you can buy today for this purpose — made especially for women. WORTH TRYING!

Art of Hoping Patience is the art of hoping .-Vauvenargues.



WNU-4

• A BUSINESS organization which wants to get the most for the money sets up standards by which to judge what is offered to it, just as in Washington the government maintains a Bureau of Standards.

eYou can have your own Bureau of Standards, too. Just consult the advertising columns of your newspaper. They safeguard your purchasing power every day of every year.