Crochet Tot Snug and Warm Three-Piece Set

Pattern 1097

Miss Five-to-Twelve will be snug, warm and proud in a hand-crocheted cap, scarf, and muff-set of plain crochet, with picot-stitch trim. Pattern 1097 contains directions for making the set in 5 through 12 year size (all given in one pattern); illustrations of it and of all stitches used; material requirements.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle Needlecraft Dept., 82 Eighth Ave., New York, N. Y.

Write plainly your name, address and pattern number.

Household Questions

When potatoes have been overboiled and gone to broth, lay a strong cloth in the colander and empty the contents of the saucepan into it. Gather up the cloth as if for a pudding, and squeeze tightly until every drop of moisture is out, and you will find that you have a light, floury ball.

* * *

Dates filled with cheese or nuts make a good accompaniment to serve on fruit salads.

* * *

Instead of sewing ribbon belt to a buckle to be worn on wash dresses, use a snap fastener. Buckle may then be easily removed when washing.

* * *

Crumbled dried bacon is delicious when added to egg omelet. Left-over bacon can be used this way.

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MUSCLES FELT STIFF AND SORE

Got Quick RELIEF From Pain

If muscles in your legs, arms, chest, back or shoulders feel stiff and sore, get a bottle of Hamlins Wizard Oil and get quick relief. Rub it on—rub it in. Warms—soothes—gives wonderful comfort. Will not stain. At all druggists.

HAMLINS WIZARD OIL
For MUSCULAR ACHES and PAINS Due to RHEUMATISM—NEURALGIA LUMBAGO—CHEST COLDS

What Is Common Sense?

Human nature is human nature; but is common sense human nature or a touch from the divine?

Still Coughing?

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

Conscience Better Guide

One's conscience often knows better than his brain.

When You Need a Laxative

Thousands of men and women know how wise it is to take Black-Draught at the first sign of constipation. They like the refreshing relief it brings. They know its timely use may save them from feeling badly and possibly losing time at work from sickness brought on by constipation.

If you have to take a laxative occasionally, you can rely on

BLACK-DRAUGHT
A GOOD LAXATIVE

A FARMER BOY

ONE of the best known medical men in the U. S. was the late Dr. R. V. Pierce of Buffalo, N. Y., who was born on a farm in Pa. Dr. Pierce's Favorite Prescription has for nearly 70 years been helping women who have headache and backache associated with functional disturbances, and older women who experience heat flashes. By increasing the appetite this tonic helps to upbuild the body. Buy of your druggist. New size, tabs., 50c, liquid $1.

MORNING DISTRESS is due to acid, upset stomach. Milnesia wafers (the original) quickly relieve acid stomach and give necessary elimination. Each wafer equals 4 teaspoonfuls of milk of magnesia. 20c, 35c & 60c.

Soil and Water Saving Is Urged

Well-Planned Farm Program Plays Important Part, Expert Says.

Supplied by the North Carolina State College Soil Conservation Division. WNU Service.

Soil conservation and water conservation go hand in hand, says E. C. Jernigan, project manager of a county soil conservation service. Both depend upon a well-planned farm program in which soil-building practices play the most important part.

Five simple and inexpensive farm practices are suggested as contributory to soil and water conservation. They are as follows:

First—Subsoiling. Break the land well and subsoil to a depth of 18 to 20 inches. This will increase the water-holding capacity of the soil.

Second—Terracing and strip cropping. Break down the slope with a system of terracing and strip cropping that will slow down the water and reduce erosion. The strips of close-growing crops will add enriching vegetable matter to the soil and make it capable of holding more water.

Third—Liming. To improve the physical condition by neutralizing the acids and increasing the legume crop yields.

Fourth—Rotations. Plan a rotation that will include as much close-growing vegetation as possible.

Fifth—Retirement of lands. Take out of cultivation and put to pastures or trees all lands that cannot produce crops at a profit.

Summer Pest Attacks Can Be Headed Off in Winter

Because winter brings a crisis in the life of all insects, orchardists and gardeners can do much in winter to head off some of the most dangerous and troublesome pest attacks, advises A. C. Hodson, University Farm entomologist, St. Paul.

Cleaning up and burning all garden refuse, weeds, sticks, and other trash in which insects may spend the winter will help immensely in gardens, orchards and small fruit plantings. Late plowing likewise exposes many insects to destruction by cold and birds.

Orchard sanitation, particularly the destroying of dropped fruits, is important throughout the year in controlling codling moths, plum curculio and apple maggots.

Scraping the rough bark of apple trees from the trunks and large branches kills many hibernating larvae of the codling moth and exposes others to birds and weather. The scraping has another advantage, particularly in old orchards. It exposes the oyster shell scale so that it can be more easily killed by dormant spray.

Other insects such as the cane girdlers and tree crickets of raspberries, may be attacked during the dormant season. They spend the winter as larvae and eggs in the canes, and if injured canes are removed, subsequent damage can be eliminated.

Many similar steps can be taken by the alert fruit grower during the winter to lessen summer insect troubles.

Water in Corn

Corn that is well matured and weighs about 70 pounds per bushel will ordinarily contain about 17.5 per cent of water, notes a writer in the Indiana Farmer's Guide. Such corn has 3 to 4 pints of surplus water. If 10 bushels of this corn is put away for seed it will be necessary to evaporate about 4 gallons of water to make the seed safe from severe freezes and mold growth. A 70-pound bushel of corn may be safely stored under conditions that would result in molding and other injuries to more sappy ears.

Farm Notes

Pennsylvania's apple crop is the best in seven years.

* * *

Ontario yields more than half of the Dominion apple crop.

* * *

Barnyard manure is an effective fertilizer for orchards and vineyards.

* * *

It costs three or four times as much to feed a cow in the manger as on pasture.

* * *

The beef cattle industry is second in size only to the petroleum industry in California.

* * *

Store sweet potatoes in a dry, moderately warm place, such as the basement near the furnace, on a shelf near the kitchen stove, near the chimney on the second floor, or in a warm attic.

* * *

Black locust, unlike most trees, is a legume, and like alfalfa, clover and lespedeza, improves the land by fixing nitrogen in the soil.

* * *

Green tomatoes have practically the same food value as ripe red tomatoes and can be fried, stuffed, preserved, pickled or used for pies.

* * *

The New York potato crop is estimated at 25 million bushels, which is 11 per cent less than last year and 22 per cent less than the average.

* * *

The census of 1930 returned 106 farms with a total of 3,071 acres in the District of Columbia.

* * *

No definite trend upward or downward has been noted in cabbage acreage in New York state during the past fifteen years.

* * *

Ventilation of corn cribs by natural means is the most practical method for farmers to adopt to insure a better quality corn, says the college of agriculture, University of Illinois.

Scraps of Humor

Found Wanting

"But, Alfred, why don't you like girls?"

"They're too darn biased."

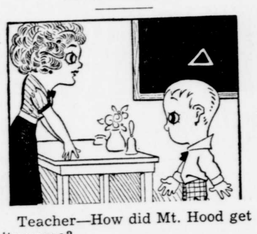
"Biased?" we repeated, not quite understanding.

"Yes, biased, I mean. Bias this, and bias that, until I'm flat broke"

Meet the Family

The schoolmaster wrote on the back of a boy's monthly report: "A good worker, but talks too much." The father signed the report and then wrote under the remark of the schoolmaster: "You should meet his mother."

APPROPRIATE



Teacher—How did Mt. Hood get its name?

Pupil—By wearing a snow cap, I suppose.

Prove It

Nurse—Good morning, I'm the new nurse.

Grouchy Patient — Are you a trained nurse?

Nurse — Why, of course.

Patient—Then let's see you do some tricks.

As She Is Spoke

A Frenchman learning English said to his tutor: "English is a queer language. What does this sentence mean: 'Should Mr. Noble, who sits for this constituency, consent to stand again and run he will in all probability have a walk-over?'"

Keep your body free of accumulated waste, take Dr. Pierce's Pleasant Pellets. 60 Pellets 30 cents. Adv.

Living Our Careers

Speaking of careers, life is a career. Study every step.

ONLY **LUDEN'S** MENTHOL COUGH DROPS will do these 3 things... and all for . . . 5¢

1. Clear your head
2. Soothe your throat
3. Help build up your **ALKALINE RESERVE** WHEN A COLD STRIKES!

Failure, Then Success

Failures may be the forerunner of greater success.

Don't put up with useless PAIN
Get rid of it

When functional pains of menstruation are severe, take CARDUI. If it doesn't benefit you, consult a physician. Don't neglect such pains. They depress the tone of the nerves, cause sleeplessness, loss of appetite, wear out your resistance.

Get a bottle of Cardui and see whether it will help you, as thousands of women have said it helped them.

Besides easing certain pains, Cardui aids in building up the whole system by helping women to get more strength from the food they eat.

He Who Hesitates

The man who hesitates is very often bossed.

REAL LIFE STORY

TIRED ALL THE TIME | SHE TOLD HIM WHAT TO DO

FEELS LIKE NEW! THANKS TO CLEVER WIFE..

HE wasn't himself. Had too many restless nights, too many tired days. Seemed to lose his ambition. But his clever wife was too smart to let this go on. She insisted that he try Nature's Remedy (NR Tablets) and he found out what a surprising difference it made to use a laxative of entirely vegetable origin. He didn't mind taking NRs at all, they were so gentle, and non-habit forming. They simply made him feel like a new man. Get a 25c box at any drugstore today.

NR TO-NIGHT TOMORROW ALRIGHT

WNU—4 1—37

Watch Your Kidneys!

Be Sure They Properly Cleanse the Blood

YOUR kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as nature intended—fail to remove impurities that poison the system when retained.

Then you may suffer nagging backache, dizziness, scanty or too frequent urination, getting up at night, puffiness under the eyes; feel nervous, miserable—all upset.

Don't delay? Use Doan's Pills. Doan's are especially for poorly functioning kidneys. They are recommended by grateful users the country over. Get them from any druggist.

DOAN'S PILLS

Gold Star Mother

By KARL GRAYSON

© Associated Newspapers. WNU Service.

ANGUS NEWHALL awoke in a room in a soldiers' home in Havre, France, on a bright June morning. He had awakened in the same room on many other mornings, but today he remembered.

His mind went back, and a shudder shook his frame. Last night he had lain in a filthy shell hole, the air about him a hell of bursting shells, the odor of gunpowder in his nostrils, fear in his heart. For hours he had lain there—and then suddenly it was all blotted out, as if a black curtain had descended before the scene and the drama had ended.

That was last night. He shuddered again and looked about him at the bright sunny room, and sense of wonder and bewilderment began asserting itself. A door opened and a nurse came in. She paused at the foot of his bed and looked at him with wide, startled eyes. Presently she spoke, and her voice was strangely different from what Angus had expected.

"Why, good morning, Mr. Doe," she said. "You've waked at last!"

Angus got the story from the nurse and from the doctors and from the officer in charge of the home. The war had been over a year. He had been transferred from a German hospital after the armistice. He had been wearing part of a French uniform, given him by the Germans, and wasn't able to tell who he was or anything at all that happened. He was sick, suffering among other things from amnesia.

The officer finished telling the story and smiled. "And now, sir, if you remember, perhaps you can tell us who you are and where you come from so that we may send you home. I imagine you have parents, and perhaps a sweetheart who will be glad to hear the news."

Angus opened his mouth to speak, and closed it again. All in a flash an idea had come to him, a tremendous idea. He looked at the officer and saw that the man was waiting. But instead of uttering his own name he said: "Chester Darcy," and gave an address in a large city in western United States.

Later, in his room, Angus gathered together his things and smiled. His mind was absorbed with thoughts of a little country town in New Hampshire. He saw himself as a boy, the son of the town's leading citizen, a spoiled and selfish child, a child hated by all the neighbors because he took advantage of being the son of Robert Newhall and acted the snob; a child who made his parents unhappy, and, by his very selfishness, robbed his mother of the joy and pride that should have been hers.

Angus saw himself growing to manhood, becoming more disliked with each passing year, acquiring more mean and selfish traits of character, falling into evil ways, hating himself because of his own hatred of others. Then came the war, and a chance to get away from it all. He enlisted among the first.

Reports had gone back of his exploits, his courage, his bravery. He was a hero, he knew, in his home town, more of a hero now that he was thought of as dead, killed in action.

Angus projected his mind into the future, saw himself swinging from the train at the tiny depot, saw the expression of amazement come to the features of Les Howard, the station master, saw himself stepping from Les' car at his own dooryard, his mother coming down the walk to meet him . . . It would be a great moment, a moment of triumph in so many ways.

Two days later Angus sailed for America. Oddly, he discovered that his fellow passengers on the liner were not as friendly as he wanted them to be. Vaguely there came to him the knowledge that the traits which had made him despised by the people of his home town must still be manifesting themselves in his manner, his voice, his actions. The thought made him resentful. He became aloof and superior, contemptuous of these folks who, were they to be apprised of his real identity, would sing his praises from the housetops.

Three days out of Bordeaux the liner on which Angus Newhall was sailing for America caught fire. It was at night and a high sea running. Before nearby ships could respond to the frantic S. O. S. half the passengers and two-thirds of the crew perished. Among those whom the sea claimed as victims was one Chester Darcy, whose home was given as a large city in western United States.

In a little New Hampshire town a white-haired old lady read the newspapers and shook her head sadly, thinking of the relatives and friends of the dead. Her eyes, mist-covered, lifted to a photograph of her son, flag-bedecked, and resting in its place of honor above the mantel.

After a while a smile came to the old lady's lips. She nodded her head, thinking of Angus, thinking of him as a hero, the pride of his town, of his nation; herself as honored and respected and envied because of his great deeds. She sighed, a little wistfully, but happily, because her heart was joyful. It was nice—yes, extremely nice being a gold-star mother.

Snails Pump Water

A species of snail, found in limestone waters around Americus, Ga., can rise to the top of a pond or sink to the bottom by pumping water into or out of an air chamber. This is the same principle used by underwater boats.

Candlewood

Candlewood is pine or other resinous wood, split for use in a hearth to give light. The name was applied to this substitute for candles by early settlers in America.

A Trio for the Younger Set

THREE more intriguing numbers than these would be hard to imagine—even in this day of rampant fashion and scintillating style! It's a trio that the younger set in The Sewing Circle will be enthusiastic about too, for first consideration is given them in—

Pattern 1996—This excellently styled jumper dress is one the tot of six and the lass of fourteen will sing long and loud over. It is a guaranteed delight for both mother and daughter because it's the simplest thing to sew and the most intriguing frock a child ever had. The puff of the sleeves and the flare of the skirt place a pretty accent on youth. Available for sizes: 6, 8, 10, 12 and 14 years. Size 8 requires 1¾ yards of 35 inch material for the jumper and 1⅜ yards for the blouse.

Pattern 1202—There's subtle loveliness about this new dress for all occasions. It makes a grand thing of simplicity—a brilliant success of the new silhouette. Buttons, bold shiny ones, add classic chic to the back. And in the matter of sleeves there's an opportunity to choose for oneself. Sheer wool, challis, taffeta or silk crepe will be a likely material for this dress. Designed for sizes: 12, 14, 16, 18 and 20. (30 to 38 bust). Size 14 requires 2¾ yards of 54 inch fabric. With long sleeves 2⅞ yards.

Pattern 1936—This is the season for smocks, although not the 'hunting season,' thanks to today's new model, pictured here. This ideal smock obviates any further search, for indeed, in simple words it is the McCoy! Imagine the fun of having a smock that reflects one's own taste in its every detail—yes, even to the size and color of the scarf and buttons. Designed in sizes: 32, 34, 36, 38, 40, 42 and 44. Size 34 requires 4⅜ yards of 39 inch material. The bow requires 1⅛ yards of ribbon.

A detailed sewing chart accompanies each pattern to guide you every step of the way.

Send for the Barbara Bell Fall and Winter Pattern Book containing 100 well-planned, easy-to-make patterns. Exclusive fashions for children, young women, and matrons. Send fifteen cents in coins for your copy.

Send your order to The Sewing Circle Pattern Dept., 247 W. Forty-third street, New York, N.Y. Price of patterns, 15 cents (in coins) each.

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My Favorite Recipe

By Mrs. Thomas A. Edison

Cheese Souffle in Ramekins

4 rounded tablespoonfuls of cheese, cut up.

1 heaping cupful of fine breadcrumbs.

Full half cupful of milk.

2 rounded tablespoonfuls of butter.

½ teaspoonful of dry mustard.

½ teaspoonful of salt.

Sprinkle of cayenne.

2 eggs.

Boil the breadcrumbs in the milk, and then add the cheese, then the butter, already seasoned with the salt, mustard and cayenne, then the well - beaten yolks, then the whites beaten to a stiff froth. Bake in a buttered dish for twenty minutes in a moderate oven.

Copyright.—WNU Service.

Uncle Phil Says:

Today and Tomorrow

Tomorrow is not yours, and it is yet uncertain whether it ever will be. Today is the only time which you can with the least shadow of propriety call your own.

Of course we are all tinctured more or less with pessimism, but it is as bad form to talk about it as it is to be a whooping optimist.

If it is your disposition to lead the parade, you will find a parade somewhere, even though small.

The right sort of a husband is swollen with pride when his wife is the best-dressed woman at the party.

One may manage difficult executive work perfectly, but if his disposition is fretful the work will kill him.

A woman has fathomless courage when she undertakes to engineer a love affair between two other people.

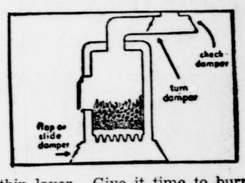
Home Heating Hints

By John Barclay, Heating Expert

Getting Fire to Burn Briskly to Produce Quick Heat on Cold Mornings

WHAT a joy and comfort it is to get your home heated quickly on cold mornings! And how easily it can be done!

Shake the grates gently. When a red glow appears in the ashpit, stop shaking. Next, open the ashpit damper and close the check damper until the fire burns briskly. Should fresh fuel be necessary, feed it on the fire in a



thin layer. Give it time to burn well and heat the house, then add a full charge of coal. When the gases have burned off, reset the dampers for normal burning.

This same rule applies should the fire get very low and almost burn itself out at any time. Be careful not to smother it with too much coal. Open the ashpit damper and close the check damper. When the fire again is burning brightly, shake the grates gently until the first red glow appears in the ashpit, add a full charge of fuel, allow the gases to burn off, reverse the dampers—close the ashpit damper and open the check damper. That's the way to save fuel and cut down trips to the cellar.

A Good Judgment

THE most necessary talent in a man of conversation, is a good judgment He that hath this in perfection is a master of his companion, without letting him see it; and has the same advantage over men of any other qualifications whatsoever, as one that can see would have over a blind man of ten times his strength. —Steele.

Doing something for someone will bring you more pleasure than doing someone for something. Give it a trial. We are lent, not given to life.

DON'T RUB YOUR EYES

Rubbing your eyes grinds invisible particles of dust and dirt right into the delicate tissues, making the irritation just that much worse. A much better way, as thousands have discovered, is to use a little Murine in each eye—night and morning. Murine may be depended on to relieve eye irritation because it is a reliable eye preparation containing 7 active ingredients of known value in caring for the eyes. In use for 40 years. Ask for Murine at your drug store.

Believing Youth

Youth is beautiful and believing. It is a shame to exploit it.

ONLY 1¢ A NIGHT for Eye-saving LIGHT with Coleman AIR-PRESSURE Mantle LAMPS

KEROSENE OR GASOLINE MODELS

Protect your sight with this eye-saving Coleman light! Kerosene and Gasoline Pressure Mantle Lamps provide a high candlepower of live light . . . nearest like natural daylight . . . kind to your eyes.

You can enjoy the finest light for only 1¢ a night. No home can afford to be without a Coleman. Buy it from your local Coleman dealer. FREE Folders—Send Postcard Now!

THE COLEMAN LAMP AND STOVE CO. Dept. W0173, Wichita, Kans.; Chicago, Ill.; Philadelphia, Pa.; Los Angeles, Calif.

QUIT

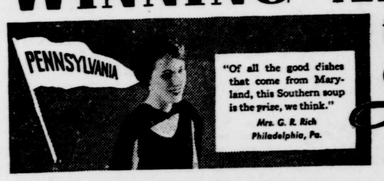
TRADE MARK

The pleasant and quick way to make coughs *quit* is a Smith Brothers Cough Drop. (Two kinds—Black or Menthol—5¢.)

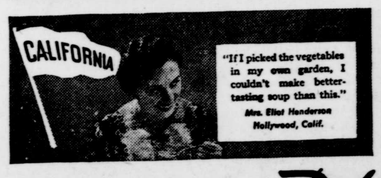
Smith Bros. Cough Drops are the only drops containing VITAMIN A

This is the vitamin that raises the resistance of the mucous membranes of the nose and throat to cold and cough infections.

WINNING AMERICA! these delicious Southern soups



"Of all the good dishes that come from Maryland, this Southern soup is the prize, we think."
Mrs. G. R. Rich
Philadelphia, Pa.



"If I picked the vegetables in my own garden, I couldn't make better-tasting soup than this."
Mrs. Eliot Henderson
Hollywood, Calif.

Altogether 17 Delicious Kinds

VEGETABLE
TOMATO
PEA • BEAN
CELERY • ONION
ASPARAGUS
BEEF SOUP
MUSHROOM
MULLIGATAWNY
VEGETABLE BEEF
CLAM CHOWDER
SCOTCH BROTH
PEPPER POT
CHICKEN
CHICKEN GUMBO
CHICKEN WITH NOODLE

PHILLIPS Delicious Southern SOUPS