#### World Full of Happiness Not Beyond Us to Create

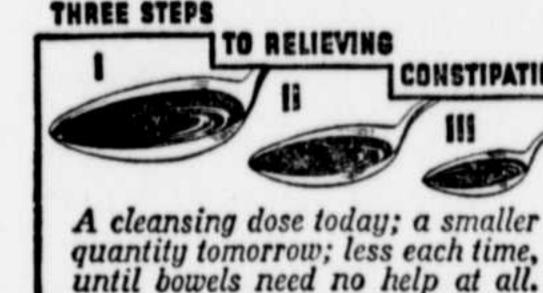
The obstacles to a world full of happiness are not insuperable. The real obstacles lie in the heart of man, and the cure for these is a firm hope, informed and fortified by thought .-Bertrand Russell.

Week's Supply of Postum Free Read the offer made by the Postum Company in another part of this paper. They will send a full week's supply of health giving Postum free to anyone who writes for it .- Adv.

But That's Something It takes mutual admiration to make conversation interesting; an that doesn't prove it is any account

### Mothers read this:

# THREE STEPS



Why do people come home from a hospital with bowels working like a well-regulated watch?

The answer is simple, and it's the answer to all your bowel worries if you will only realize it: many doctors and hospitals use liquid laxatives.

If you knew what a doctor knows. you would use only the liquid form. A liquid can always be taken in gradually reduced doses. Reduced dosage is the secret of any real relief from constipation. Ask a doctor about this. Ask your

druggist how very popular liquid laxatives have become. They give the right kind of help, and right amount of help. The liquid laxative generally used is Dr. Caldwell's Syrup Pepsin. It contains senna and cascara — both natural laxatives that can form no habit, even in children. So, try Syrup Pepsin. You just take regulated doses till Nature restores regularity.

Education's Foundation The first step in curing ignorance









So They Say If a baby smiles in its sleep, it is



## No Need to Suffer "Morning Sickness"

"Morning sickness" - is caused by an acid condition. To avoid it, acid must be offset by alkalis - such as magnesia. Why Physicians Recommend

Milnesia Wafers These mint-flavored, candy-like wafers are pure milk of magnesia in solid formthe most pleasant way to take it. Each wafer is approximately equal to a full adult dose of liquid milk of magnesia. Chewed thoroughly, then swallowed, they correct acidity in the mouth and throughout the digestive system and insure quick, com plete elimination of the waste matters that cause gas, headaches, bloated feelings and a dozen other discomforts.

Milnesia Wafers come in bottles of 20 and 48, at 35c and 60c respectively, and in convenient tins for your handbag containing 12 at 20c. Each wafer is approximately one adult dose of milk of magnesia. A good drug stores sell and recommend them. Start using these delicious, effective anti-acid, gently laxative wafers today Professional samples sent free to registered physicians or dentists if request is made on professional letterhead. Select Products,



# "AH, ME"

I couldn't talk. I began to tremble. It

was cool, but there was sweat on my

brow. I tell you, that girl always

affected me that way. For a minute,

"And then," I said eagerly, "my

"Yes," said Derek, "those beautiful

"Ah!" I said, breathing a great sigh

"I turned to her. 'Verda,' I said.

'Er-er-' She turned to look at me.

"'What is it, Derek?' she asked.

er-er-' And then those beautiful

lines leaped to my lips. I gulped.

ran a finger inside my collar. I took

a deep breath. I said: 'Verda-er-er.'

"'For heaven's sake,' said Verda,

"That made me a little mad.

looked at her sternly. I said: 'Yes,

I can say something else. I love you.

I'd like to marry you. How about it?"

"She stared at me in amazement.

And suddenly I realized the terrible

thing I had done-the terrible, com-

mon-place manner in which I had made

my proposal. I groaned inwardly.

arms, 'Oh, darling!' she said. '

love you, too. And of course I will

"I was overcome, 'What?' I said.

'You will? But that was such a-er-

common proposal. I really have a

"'Please,' said Verda, 'never men-

weren't a human being. I have loved

nary man, I would refuse you.

heard in my life."

Derek grinned at me.

I stared at him dismally.

I sat for a long time.

I thought, "Ah, me."

darling, you were so simple and sweet

and adorable, I couldn't refuse! Those

were the most beautiful words I ever

I made a sound that resembled a

I shook my head, as if trying to rid

After awhile I reached up and took

page and a half of dialogue. On the

margin I substituted: "Darling, I love

in America as Stowaway

When the first red clover came to

America has never been determined

but it quite probably came as a stow-

tiny vessel which brought the Pilgrims

from Holland in 1620 may have car-

ried a few precious bags of red clover

seed, a crop that had been a standb

in the "Low Countries" for many years.

sent from Holland in 1625 carried.

among other needs, "all sorts of seed."

is definitely recorded that a ship

Sir Richard Weston, a successful

Surrey farmer who sought refuge from

religious persecution in Flanders, re-

turned with seed of red clover to Eng-

land in 1645, where it was known as

"English grass." A New England rec-

Twenty years later red clover was

better methods for hulling the seed

Growing Dates

Angeles Times. It is necessary that

irrigation, for it is said of the date

palm: "It must have its feet in the

midity and no rainfall during the

color. As the date ripens, the color

deepens to a golden brown. This turn-

ing of color from orange to brown is

orange color has all turned to brown

Lighthouse of Salvador

The name Lighthouse of Salvador i.

from time to time that are visible

from a long distance.

To grow dates successfully requires

were described.

you." I sighed heavily." "Ah, me,

Clover May Have Arrived

Presently Derek got up and left.

much better one all ready.'

"'Well-a,' I said, 'Well-a, Verda-

I thought I was lost."

lines came back."

lines came back to you?"

of satisfaction. "Proceed."

"'Yes, Derek?' she said.

" 'Er-er-' I said again.

By R. H. WILKINSON C Associated Newspapers. WNU Service.

EREK came to me for advice. He was in trouble. Or rather in love. There is a difference. The girl's name was San-Verda Santrell. I knew her. Every one knew her. She was popular and beautiful and gracious. "I'm mad about her," Derek said "I can't eat. I can't sleep. I can't think of anything but that girl."

"You're in love," I said, wisely.

He studied me gravely for a mo-'can't you say anything besides er-"Joe," he went on, "I must have her. You must help me to get her." I cleared my throat importantly. "Very well," I said.

"Tomorrow night," he said, "I an taking her to the Country club dance. I am going to propose marriage. What shall I say?" scratched my head, a sagacious ges-

And then-ah, sweet moment of bliss ture, I thought. -Verda fairly flung herself into my "Verda is different from the general run," Derek said. "Humm," I said, "Different, eh?" marry you! "So far," Derek explained, "I have

succeeded in holding my own with the dozens of other young men who also want to marry her." "How," I asked, "have you been holding your own?" "By being different myself. By not acting natural. By saying things that no normal young man would say. It

I feel that tomorrow night when propose, if I can say it differently, or at least more uniquely than it has ever been said before, I will win her." "Ah!" I said, enlightened. "And you want me to-er-write-er-your-er -lines-er?"

"Er-Yes-er." I took down a volume of some plays had written. "How's this?" I asked, turning to a love passage: 'Darling, at your feet it of thoughts that I didn't want there. I lay my-"

"No good," said Derek. "Then this: Beloved, all my life have dreamed of meeting some one-' down a copy of "Love's Torment." I "Lousy," said Derek, seized a pencil, turned to my beaut! "Then this: 'Precious, I am deeply ful love passage and crossed out a

honored to be able-" "Terrible," said Derek, "Then this: 'Babe, let's get spliced!' "Listen," said Derek, "I want this to e different." "Humm," I said. "Humm." I thought heavily. "Verda, it's difficult to put



"She Stared at Me in Amazement, And Suddenly I Realized the Terrible

Thing I Had Done." my mind. I appreciate my own short- ord of 1663 reports "English clover comings, hence will make no attempt grass thrives very well." In 1670 Long to frame the speech of devotion that Island produced "Excellent English involuntarily springs to my lips. Suf- grass . . . which they sometimes fice it to say that since the day I first | mow twice a year." In 1679 there gazed into the depths of your beautiful were in the same locality fields coveyes, a vision of your loveliness has ered with clover in blossom. been always in my mind. I have A Boston newspaper in 1729 advercounted to the minutes this moment tised "good clover hay seed" for sale.

"Write that down," Derek inter- growing on the hills of New York and "But I haven't finished," I said. "If I get that far," Derek said, "I'll be able to make up the rest." I wrote down what he asked.

I added to it a few more lines that climatic conditions which are found in ame to mind. I handed Derek the few sections of the world, says the Los typewritten sheet. "Memorize it," I told him. "It there be extreme heat all through the I used that passage in summer, nights as well as days. There 'Love's Torment.' It worked mira- must be an abundance of water for

"Thanks," said Derek. He took the sheet and went out. I water and its head in the sun." The did not see him again for two days. requirements include very low hu-He was smiling broadly. "It worked!" I cried. "I knew it ripening period. In the summer the would! Tell me, did you have diffi- green fruit turns to a vivid orange culty in memorizing the lines?"

"Not in the least," he said. "Tell me about it," I urged. I felt proud of the part I had played. | the development of the life line. When "Well," said Derek, "it was a lovely this brown line reaches the calyx, where vening. Full moon, gentle breeze, the date is held to the strand. ragrant atmosphere. Ideal setting." "Splendid!" I said. "Though those and the date is ready to pick. ines would have worked without the

"We left the dance early." Derek "We drove out to Lake sometimes applied to the volcano Izal-Crystal. I stopped near the bridge at | co, which is located near San Salvathe far end. We were alone. My dor, Central America, on account And then-dis- the vivid flashes of fire it sends forth

## Bathing Beach Habits of France Originated About Century Ago

not exist in France, and nobody bathed | coast. The author of "The Three in the sea, writes H. Cossira, in a Musketeers" stayed at a simple inn. Milwaukee Journal transitation of Le and, after returning to Paris, waxed Journal de li Femme.

years in succession the daughter-in- from Paris, law of the king was faithful to the Norman beach, where people waited 1858 the Duke De Morny enticed the for her impatiently to open the season, entire imperial court to come with Her first bath was a veritable event. him to Deauville. Yet Trouville re-Madame wore black satin trousers mained long supreme. The entire Nordown to the feet with a big tunic, mandy coast became lined with smart which was almost as long, while a beach resorts in the years from 1850 to small bonnet of waxcloth hid her hair. 1880. Then suddenly the favor turned Faithful to the tradition of the town. to the Silver coast and Biaritz, which the mayor accompanied the royal high- in the middle of the Nineteenth cenness to the water.

The Rainbow Goddess In the classical mythology, Iris is swift-footed messenger of Zeus and ter of Electra and the attendant of in the heat of the hold, is an explosive Juno. It was her duty to cut the as deadly as dynamite. Wheat has

Penny-Nails The term penny-nails originally ap-

A hundred years ago beach life did | Dumas in 1834, also on the Norman so enthusiastic about the charming But sea bathing became a fashion in | beach that finally all fashionable folk 1813, when Josephine's daughter, of the period adopted Trouville as Queen Hortense of Holland, came to their resort. Within ten years Trou-Normandy for health reasons. In Au- ville grew like a mushroom town of gust, 1824, the Duchess De Barry hotels and villas, and in 1860 the spent two weeks in Dieppe, and made famous Saturday tram to Trouvillethis beach fashionable. For several the husbands' train-was organized

Deauville became soon its rival. In tury, had been merely a poor hamlet Trouville, the other great French of fishermen, was made fashionable by beach, was discovered by Alexander Empress Eugenie of France.

Wheat Dangerous Cargo Wheat is one of the most dangerous the goddess of the rainbow. She is the cargoes carried by ocean freighters, because it may shift and cause a heavy Hera, in the Iliad. Iris was the daugh- list, or when wet, generate a gas that,

thread which detained expiring souls. | caused many shipwrecks. Highest Active Volcano The highest volcano in the world known as an active volcano is Cotoagainst "dressler" types of shoes was in the little "extra jacket" for smart paxi in the Andes of South America.



tion it. I had begun to think you | DUY yourself a new spring hat and D turn the dirge of winter into a crazy things you seem forever to be the horizon are the fashion "firsts" literally true, for the new hats are going in for color in a big way. It is to smile at the wee size of

many of them. Not much larger than your hand, are early arrivals from Paris. Go hat hunting and prove for yourself. The less the hat the more the chic, so designers are telling us. How to anchor these diminutive yet eye-filling bits of millinery on the head at just the most fetching lilt and tilt, aye, that's the trick. Ask your milliner. It takes experience to acquire the knack, we admit.

But cheer up. Come veils, to the rescue! They tone up a hat no matter how diminutive and make it look "fit." Vells in countless number adorn the new hats. It is a frolicsome mood they are in, flying every which way, sometimes pretending they are veils when they are really trimming. They make pretty headgear look prettier to the point of fascination.

Flowers, too! Which is important news. To be sure there have been a bright Chinese red straw. Band and ing some of the fabled Indian stories rumors and rumors of flowers but this time milliners declare they are a sure thing. It is not only that "flowers is flowers" on the new hats, but really and truly news about them is their quet atop the crown and the inset dropped atop crowns or slanted athwart | colored leather. forehead lines at dashing incline

Monograms Make Your Linens Doubly Precious



While we started out telling of the tininess of some of the new hats, please do not conclude that every new spring model has been reduced to postage stamp size. On the contrary some of the smartest numbers on the style program have brims. Shallow-crowned sailors are all the go, especially the mation for placing initials and mono-Breton types which are shown in felt grams; illustrations of all stitches or stitched silk, and the latest swag- needed, ger note is the Breton made of gay patent leather. Then, too, the hat with | (coins preferred) to The Sewing Cira visor made of silk, quilted or stitched, | cle, Needlecraft Dept., 82 Eighth Ave., you for mnoths, except for all the joyous spring song. Bright spots on is very popular. Young girls are New York, N. Y. charmed with the idea of the new has kept me on my toes, but I have succeeded in keeping her interested. Trying to say and do. I had made up succeeded in keeping her interested. The my mind that when you proposed if which is not figuratively speaking but round rolled-up brim and that which Tarahumara Indians Still round rolled-up brim and that which captures fancy most of all, its chin strap of fancy cord. Also in this class is the new Argentina type which likewise boasts a chin strap. As to the new swagger soft mannish felts, their vogue is assured. We are following up our statemen about hats of Lilliputian size by in-

cluding two such in the accompanying illustration. To the right in group is a Paris model which goes to verify this new trend. It is a toque of dotted grosgrain, trimmed at the back with a feather and a veil which is not a veil. However, this bow of open mesh conveys an important message of veiling tied in bows and we might add in fashion reports. To the left is another wee toque as fashion decrees | ing that these mountains, peopled as for spring. A flange of geraniums | they are by various Indian tribes who and the inevitable little veil do the | have shunned the ways of the white The off-the-face hat above proclaims | remain a fertile field for further ex-

print gown is black and white. A very smart shallow navy straw Breton concludes the group. The bounovel positioning - perky bouquets about the headline are made of multi-@ Western Newspaper Union.

# **DINNER JACKET**

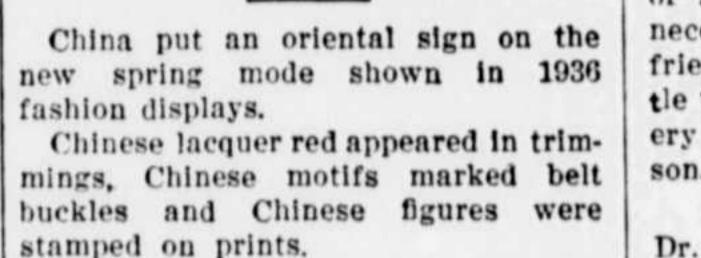


Wear a dinner jacket wth your slir skirted formal print frock if you would look up-to-the-instant good style. White cotton pique is considered ever so smart for the dinner jacket. Indeed these white washable jackets are proving quite the fad of the immediate mo-A white cotton pique dinne jacket, flared at the hips, adds a tail ored note to a printed silk crepe frock as here shown. The dress has splashy flowers of red and blue on white with a decolletage cut high in front and low in back.

# New Hats Exhibit Varied

Sources of Inspiration The new hats exhibit very definite but also varied sources of inspiration. the influence of several different peripointed and sometimes folded crown. pink and blue.

#### CHINESE MODE SEEN IN PARIS FASHIONS



Many black afternoon frocks were designed along simple, highnecked lines, suggestive of oriental suavity. Some black dinner frocks were topped by knee-length coats of flower printed black cire silk, whose cut showed Chinese inspiration.

A slender silhouette, high neckline and accented shoulderline, marked by big topped sleeves gathered into the armhole, distinguish the Paris profile shown so far. Waists are normal and busts are definitely outlined.

# Smartest Black Costumes

Touched With Vivid Colors Bright touches either as trimming or in the way of accessories are dramatizing the season's smartest black costumes. Perhaps it will be embroidery done in vivid colored yarns or a row of striking red buttons or insets of red patent leather. As to accessories the most striking item is the new gloves which are being shown in high colors including red, green, dubonnet and the natural chamois shade is especially sponsored by smart Pa-

#### Hearts of Fur Are Now Worn on Sleeves of Stylists

sentimental wave has overtaken fashion in Paris. Women now literally wear their hearts on their sleevesmade of fur. Hats and gowns are perfumed. You can spray the padding with your own scent or with different scents on various occasions. For evenings, too, you can increase your femininity by wearing little frilled tulle caps, which serve as a chignon.

Taffeta for Evening Lots of taffeta is being shown for evening just now. There are pencilslim taffeta frocks, and there are billowy models. Slim, black taffeta with ods and contrasting styles. Talbot, self-ruchings of clipped material is a for instance, while seeking ideas for favorite. Usually this is done with a her new berets in supple shirred rayon | very deep decolletage, both in front velvet from the portraits of Dante, has and back. White taffeta with glitteradopted for her new fur toques the ing touches is liked, and for southern Russian and Asiatic styles with a wear there are taffeta frocks in pale

# What Women Want to Know About Fashions

sports shoes with built-up heels as trict checks of Scotland appear often

Braid edges reflect the importance the smartest tailored suits for spring. of several fashion influences. Coolie, pagoda and mandarin hats Large neck ruffs of pleated tulle or

give an oriental note to spring millinorgandie are worn. Carved flowers in colored composition are an important note for spring. A propitious sign of spring is the arrival of knitted clothes in fresh pas- esting style motif of an attractive cock-

The younger set is wearing white orchids in the hair, at the neckline liant new vogue. Hats may have broad or on the wrist. Pleats have become one of the out- like to a point, feature chin straps or standing evening silhouettes, both for curving brims. evening and daytime.

Exquisite models of lace appear in has become the popular model in eveblack or white, also in soft pastels and | ning wraps, launched in velvet, but deeper shades. Aqua, sapphire and evolving into a new season fashion in flesh tint are three of the favorite col- sheers to match frocks. On the campus of a large eastern tweeds have made fashion headway college, the percentage of spectator in the high style direction. The dis-

Colored gloves are seldom seen in | All signs point to a season of gay Taffeta is used to fashion some of

> Deep shawl sleeves, shirred to the frock in the center front, is the intertail frock. Fashions are talking Spanish—a bril-

brims and flat crowns, may rise cone-The full-length military circular cape

District checks and hand-woven

# AMERICAN BOAR

PATTERN 1126



monograms, too, for the smartest ent to the barking dog, lowers his ones today combine letters in vary- head, and begins champing his jaws ing sizes. That's why we included until he actually froths at the mouth. four different alphabets-a large, a Then he takes a few uncertain steps medium and two small ones-so that forward and with coughing, guttura you may "scramble" your own. They grunts rushes with surprising speed work up easily and quickly, using a at the man foe. combination of satin, seed and buttonhole stitches with a bit of cut- vance beyond the "uncertain steps." linens will find these alphabets inval- those white daggers is thrill enough diamond or triangular shape.

two alphabets 11/4 inches high; infor- in Field and Stream.

Send 15 cents in stamps or coins

# Use Their Ancient Bows

The Tarahumara Indians, who inhabit the interior of the Sierra any get-rich-quick process, but mil Madre in northern Sinaboa, in Mex- lions become well off by taking time. ico, live almost entirely independent of the white man, writes J. A. Hogle, Jr., in Popular Mechanics Magazine. They still hunt with bow and arrow and maintain their tribal customs. just as their ancestors did in pre-Columbian days. Their wants are few and, aided by nature, are met

It is the belief of many that somewhere in a hidden inaccessible valley of the Sierra Madre exists the fable: cities of Cibola. There is no denyman of whose past little is known. the existing flair for gay color. It is | ploration that may result in changbow are of black belting ribbon. The | into realities, just as Moore's expedition proved the Berranca del Cobre to exist instead of being a product of imagination as heretofore accepted.

#### Our Intellectual Powers Increase With Affection

The scholar sits down to write, and all his years of meditation do not furnish him with one good thought or happy expression; but it is only necessary to write a letter to a friend, and forthwith, troops of gentle thoughts invest themselves, on ev ery hand, with chosen words.-Emer

Dr. Pierce's Pellets are best for liver. bowels and stomach. One little Pellet for a laxative-three for a cathartic .- Adv.

Are We Beasts? Can we be civilized unless we pu our instincts in chains?

## IS THRILLING AND DANGEROUS GAME

There is no other animal in the United States that will accommodate you as quickly with a fight as a wild

The boars found on Santa Cruz is land off the California coast attain a weight of 250 pounds, mostly musside of the lower jaw, which articu- contentment. late in an upward and outward curve on two shorter, but heavier canines of the upper jaw. This sharpens them to knifelike edges.

Large boars will charge a man as soon as he appears within reasonable distance. At this stage of the game Variety's the Spice of Life-and the animal becomes totally indiffer-I have never allowed one to ad-

work. Anyone with "Hope Chest" | The champing jaws, and the click of uable. They fit beautifully into a in fact, a bullet to the right place at the first possible moment is the Pattern 1126 comes to you with a natural impulse, and the sane action transfer pattern of an alphabet 3 for the safety of both man and dog, inches high; one 2 inches high; and especially the dog .- H. H. Sheldon

> Fame Has No Necessary Conjunction With Praise

Fame may exist without the breath of a word: it is a recognition of excellence which must be felt, but need not be spoken. Even the envious must feel it-feel it, and hate in s lence.-Washington Allston.

Taking Time Few can expect to succeed by

#### Liechtenstein Ideal Spot; Has Neither Poor Nor Army

Liechtenstein, one of the small principalities of Europe, has no poor and no army. Its members of parlia-

ment saw their own wood. Its prince lives abroad but can talk with his people by telephone. Its quiet little capital, Vaduz, like its name, is a "sweet valley," where live a people able to produce all they want-bread, cle. They have tusks, one on either cheese, milk, honey, wool, wine and

No matter how many medicine you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creon soothe and heal the inflamed membranes as the germ-laden phlegm

druggist is authorized to guarantee Creomulsion and to refund you money if you are not satisfied with results from the very first bottle Get Creomulsion right now. (Adv.)

Who Does Not? A philosopher always functions best on a full stomach.

## CARDUI

Cardui is a purely vegetable medicine for the relief of functional periodic pain, nervousness and weakness due to poor nourishment "I have used Cardui and had good results from its use," writes Mrs. W. E. Barnett, of Taylors, S. C. "I suffered with cramping and headaches and would have a chilly feeling. Sometimes I would feel miserable and have pain more than a day, and I would be nervous. After taking six bottles of Cardui, I had less pain and was regulated. I feel much better.' relieve your trouble, consult a physician.

# If You Have "Acid Indigestion"



Alkalizes Disturbed Stomach Almost Instantly

70U can relieve even the most annoying symptoms of acid stomach in almost as little time now as it takes to tell. The answer is simple. You Only 25¢ for a big box of Philalkalize your stomach almost

instantly this way: Take - 2 teaspoonfuls Phillips' Milk of Magnesia 30 minutes after meals. OR-take 2 Phillips' Milk of Magnesia Tablets, the exact equivalent. That's all you do! Relief comes in a few minutes. Your stomach is alkalized-soothed. Nausea, and upset distress quickly dis-

appear . . . It's amazing. Results come so fast because Phillips' Milk of Magnesia is a potent natural alkalizer. Every-

where people - urged to keep

stomach alkalized - are finding this out. Try it. Get a bottle of the liquid Phillips' for home use. lips' Tablets to carry with you. Watch out that any bottle or box you accept is clearly marked

"Phillips' Milk of Magnesia."

SIGNS WHICH OFTEN INDICATE "ACID STOMACH" PAIN AFTER EATING SLEEPLESSNESS

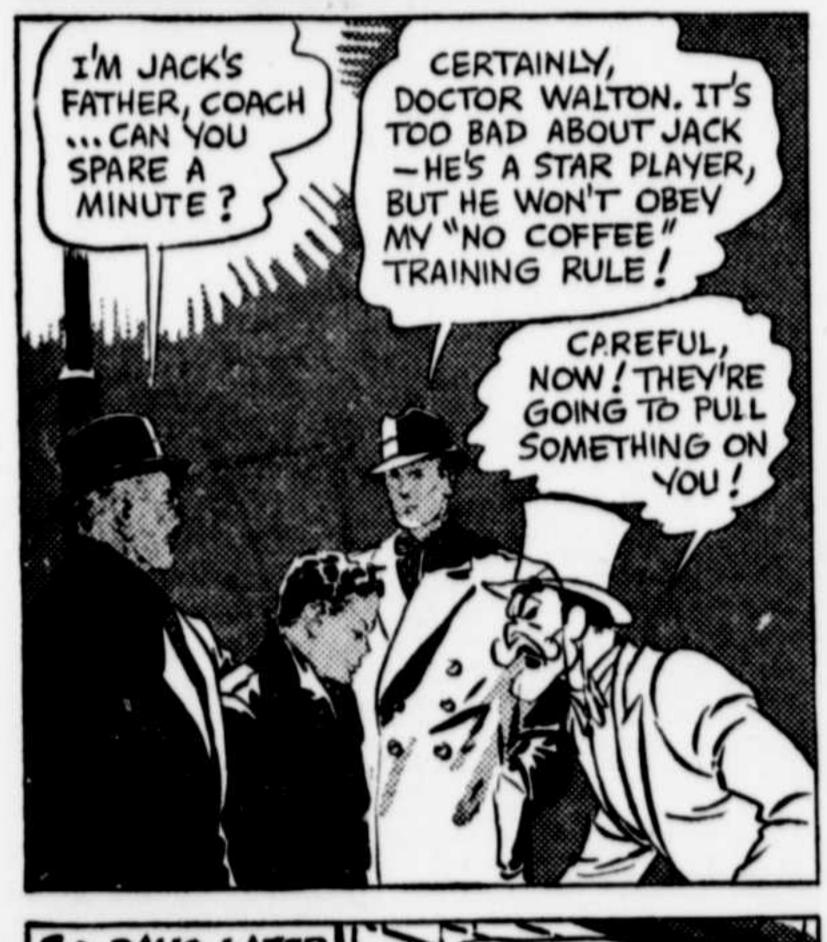
EEELING OF WEAKNESS INDIGESTION MOUTH ACIDITY LOSS OF APPETITE SOUR STOMACH FREQUENT HEADACHES

PHILLIPS' MILK OF MAGNESIA

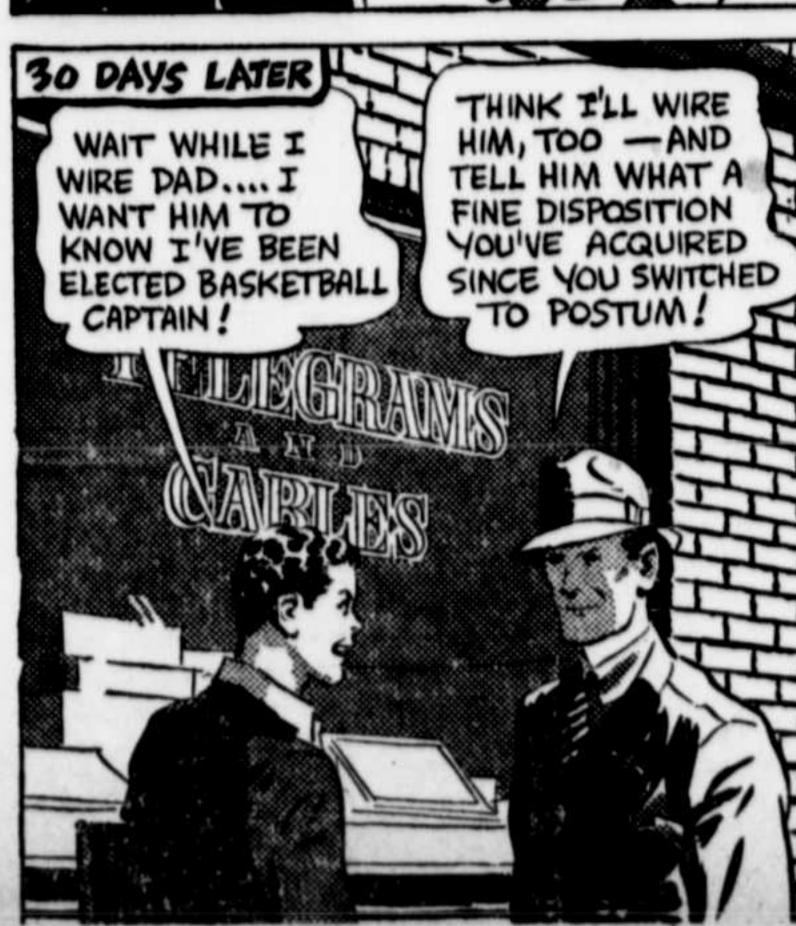
# DAD GIVES A GOOD TIP











F COURSE, you know that children should never drink coffee. But do you realize that the caffein in coffee disagrees with many grown-ups, too? If you are bothered by headaches or indigestion, or find it difficult to sleep soundly . . . caffein may be to blame.

Isn't it worth while to try Postum for 30 days? Postum contains no caffein. It is simply whole wheat and bran, roasted and slightly sweetened. It is easy to make, and costs less than one-half cent a cup. It's a delicious drink, too . . . and may prove a real help. A product of General Fcods.

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GENERAL FOODS, Battle Creek, Mich.

Send me, without obligation, a week's supply of Postum.

Fill in completely, print name and address. If you live in Canada, address: General Foods, Ltd., Cobourg, Ont. (Offer expires Dec. 31, 1936.)