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THE TRIALS OF A HOUSEWIFE

How They Have Been Endured and How Overcome by Lydia E. Pinkham's Vegetable Compound

Experience of a Providence Woman

Providence, R. I.—"I took Lydia E. Pinkham's Vegetable Compound for a female trouble and headache. It began just after my baby was born, and I did the best I could about getting my work done, but I had awful bearing-down pains so I could not stand on my feet. I read in the papers about Lydia E. Pinkham's Vegetable Compound and the good it was doing other women, and I have got flabby results from it and will always recommend it. You can use these facts as a testimonial if you wish."—Mrs. HERBERT L. CASSEN, 18 Meni Court, Providence, R. I.

Ohio woman for three years could hardly keep about and do her housework she was so ill. Made well by Lydia E. Pinkham's Vegetable Compound: Fayette, O.—"For about three years I was very nervous and had headache, sideache, dragging-down pains, could not sleep at night, and had no appetite. At times I could hardly do my housework. I got medicine from the doctor but it did not help me. I saw Lydia E. Pinkham's Vegetable Compound advertised in a newspaper and took it with good results, and am now able to do my housework. I recommend your medicine to my friends and you may publish my testimonial."—Mrs. CHESTER A. BALL, R. 15, Fayette, Ohio.

An Illinois woman relates her experience: Bloomington, Ill.—"I was never very strong and female trouble kept me so weak I had no interest in my housework. I had such a headache I could not cook a meal or sweep a room without raging with pain. Rubbing my back with alcohol sometimes eased the pain for a few hours, but did not stop it. I heard of Lydia E. Pinkham's Vegetable Compound, and six bottles of it have made me as strong and healthy as any woman; and I give my thanks to it for my health."—Mrs. J. A. McQUERRY, 610 W. Walnut St., Bloomington, Ill.

The conditions described by Mrs. Cassen, Mrs. Ball, and Mrs. McQuerry will appeal to many women who struggle on with their daily tasks in just such conditions—in fact, it is said that the tragedy in the lives of some women is almost beyond belief. Day in and day out they slave in their homes for their families—and beside the daily routine of housework, often make clothes for themselves and for their children, or work in their gardens, all the while suffering from those awful bearing-down pains, headache, nervousness, the blues, and troubles which sap the very foundation of life until there comes a time when nature gives out and an operation seems inevitable. If such women would only prof. by the experience of these three women, and remember that Lydia E. Pinkham's Vegetable Compound is the natural restorative for such conditions it may save them years of suffering and unhappiness.

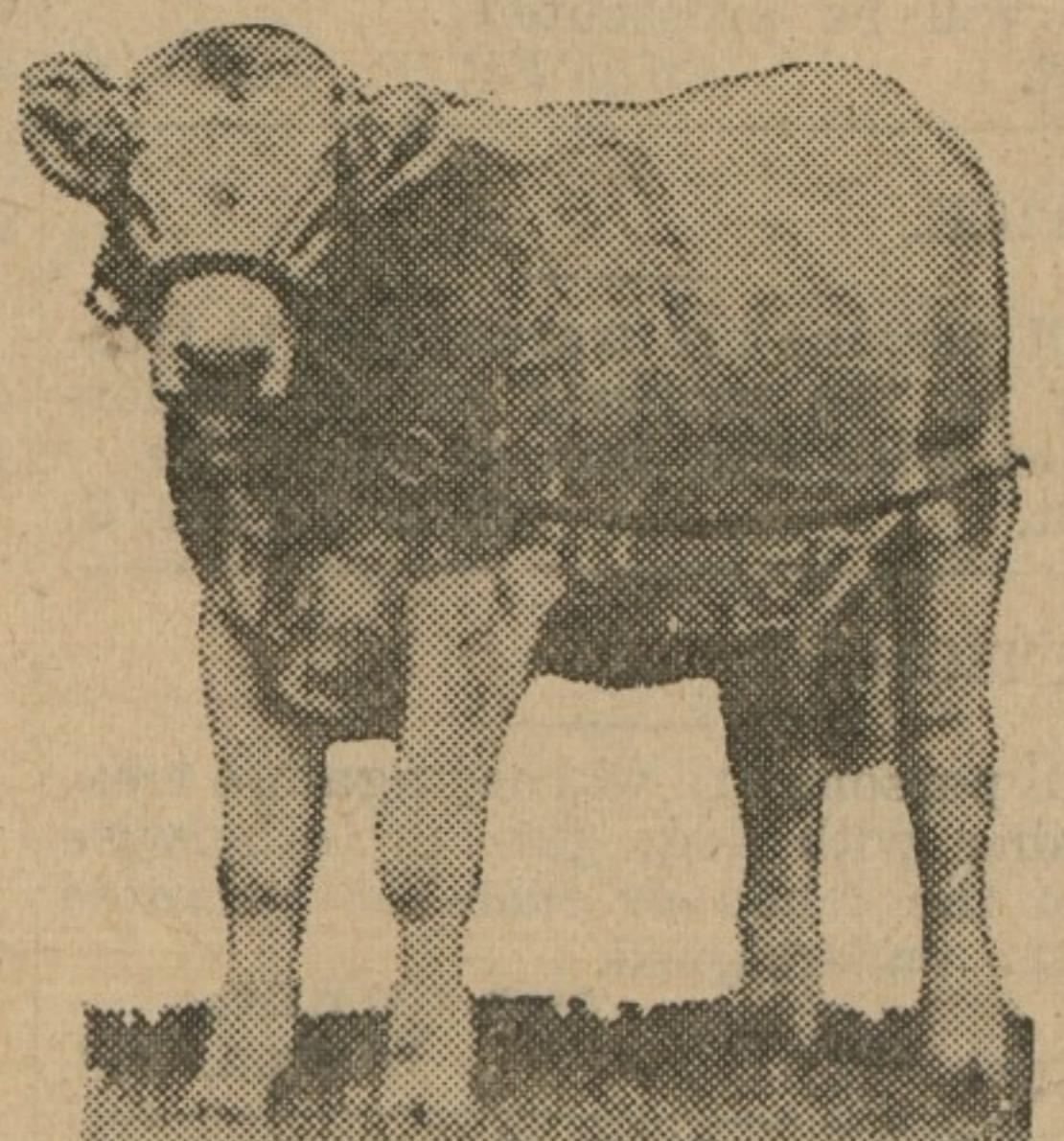
There is hardly a neighborhood in any town or hamlet in the United States wherein some woman does not reside who has been restored to health by this famous medicine. Therefore ask your neighbor, and you will find in a great many cases that at some time or other she, too, has been benefited by taking it, and will recommend it to you. For more than forty years this old-fashioned root and herb medicine has been restoring suffering women to health and strength.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

DAIRY HINTS

PREVENT DISEASE OF CALF
Improper Feeding or Insanitary Conditions or Both Are Cause of Many Ailments.

(Prepared by the United States Department of Agriculture.)
Most calf ailments are due to improper feeding or insanitary conditions, or both. Keep the calf out of cold rains in winter as much as possible and provide a dry, well-bedded stall at night.
Provide Nature's tonics—exercise, sunshine, pure air, abundance of fresh water, and a variety of feeds—and



It is Easier to Prevent Calf Disorders Than to Cure Them.

there will be little need for medical attention. It is better to prevent the occurrence of disease than to be under the necessity of curing it afterward.

Observe the calf at all times. If it should appear drowsy, feverish, stiff, or sluggish, act quickly. Reduce feed at once, and the disorder may be in large measure prevented. Keep salt before the calf at all times. An abundant supply of fresh water should be available always.

Some of the commoner ailments can be treated by following instructions which are contained in various bulletins and publications of the United States Department of Agriculture. In case of serious illness, consult a competent veterinarian at once. Do not delay.

STERILIZING MILK BOTTLES

Highly Important From Health Point of View That Containers Be Thoroughly Cleaned.

(Prepared by the United States Department of Agriculture.)
Too much emphasis can not be given to the fact that only thorough washing, steaming, and drying produces a sterile container for milk and that milk should not be allowed in any other than a sterile container at any time, and particularly if the milk has been pasteurized or otherwise heated.

The washing and sterilizing of returned empty milk bottles to a city milk plant constitutes a big problem. Bottles are received in varying conditions of cleanliness and from the many and varied sources of collection, and it becomes somewhat of an accomplishment to make them sterile containers for milk.

The inoculation from the empty bottle can be reduced to a minimum by thorough washing, steaming and draining, and as this is possible and highly important from a health point of view no other method should be tolerated.

Placing pasteurized milk in a bottle which has not been sterilized just previously lessens the efficiency of the pasteurizing process and helps to defeat its purposes.

COMFORT OF COW IMPORTANT

Roominess, Cleanliness, Sunlight, Fresh Air and Proper Feed Are Some of Essentials.

Of importance of the comfort of the cow. This is often the only reason for constructing a barn, notwithstanding the fact that there are other considerations. The comfort of the cow requires roominess, cleanliness, sunlight, fresh air and feed. The barn with a wing extending to the southward providing two rows of stalls and with windows in either side is a type still very much in favor and has much to commend it. In this style of barn it is easy to adhere to the modern standard of "six square feet of glass per cow." This may appear to be a large proportion of glass, yet it is none too much.

STRIVE FOR SANITARY MILK

Farmer Must Realize That Cows Should Be Kept Out of Mud—Good Drainage Will Help.

If wholesome and sanitary milk and cream are to be produced the farmer should realize that the cows should be kept out of the mud as much as possible. Conditions in and around the barn can in many cases be greatly improved by draining and grading.

MILK AND CREAM IN WINTER

Precautions Must Be Exercised in Cool Weather If First-Grade Product is to Be Delivered.

Cooler weather should not mean less care in the handling of milk and cream. Even though the weather is cooler, summer precautions are necessary if a first-grade product is to be delivered.



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SUBURBAN SHOPPING DAYS

NOVEMBER 7-8-9

Every merchant member of the Chamber of Commerce is planning to make this a merchandising drive to secure a broader acquaintance and prove the superior advantages of Wilmington.

Come to Wilmington Nov. 7-8-9---Don't Forget

Under Direction Merchandise Section Wilmington Chamber of Commerce

ONE DOLLAR WORTH TWO

When you take into consideration that my expenses are a mere song in this location and that my ideas of profit are more modest than the rest of the merchants, no wonder one dollar buys as much here as two elsewhere.

Put this little news in your head and think it over.

IT IS MY BUSINESS TO SAVE YOU MONEY

- | | | |
|-----------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------|
| \$20 Men's Overcoats.....\$9.98 | Hill Muslin, 10 yd. to customer...15c | Men's Fleece Shirt or Drawers...49c |
| \$20 Ladies' Coats.....9.98 | Fruit of Loom Muslin, 10 yd to customer.....16c | 75c Ladies' Shirt or Drawers...49c |
| \$20 Ladies' Jersey Suits.....9.98 | \$3 Silk Messaline.....\$1.50 | \$1.75 Men's Ribbed Union Suits...90c |
| \$20 Men's Suits.....9.98 | \$3 All-Wool 50-in Serge.....\$1.50 | 75c Boy's Fleece Shirts.....29c |
| \$20 Boys' Suits.....9.98 | \$1.50 Silk Poplin.....69c | \$1.50 Misses' Ve-Elastic Union Suits.....89c |
| 1 Lot of Misses' and Children's \$10 and \$15 Coats to go at...\$4.95 | \$1.50 Table Cloth.....69c | Ladies' Union Suits in half sleeve, no sleeve and low necks.....\$6.00 |
| \$5 Ladies' Blue Serge Dresses...2.98 | \$1.00 Table Cloth.....49c | \$8.00 All-Wool Bed Blankets.....\$4.50 |
| \$10 Ladies' Plaited Skirts.....4.48 | 35-32 in. Dress Gingham.....28c | \$6.00 Heavy Bed Blankets.....\$4.50 |
| \$8 Comforts.....5.00 | 20-27 in. Dress Gingham.....15c | \$3.00 Cotton Blankets.....\$1.45 |
| \$5 Comforts.....2.50 | Heavy Outing in Remnants.....12½c | |
| Lancaster Apron Gingham.....12½c | | |

Wonderful Selection of House Furnishings at the "Lowest in the County" Prices.

- | | | |
|-----------------------------------------|-------------------------------------------------|------------------------------------------------|
| 50c Heavy China Matting, by roll...29c | Boiler and Warming Closet...\$52.50 | \$10 Guaranteed Spring.....\$6.98 |
| 40c Heavy China Matting, by roll...25c | No. 129 Excelsior Cook Stove...\$41.75 | \$8 Extra Heavy Spring.....\$4.98 |
| Congoleum, per sq. yd.....49c | No. 139 Excelsior Cook Stove...\$47.75 | \$10 All-Cotton Mattress.....\$6.48 |
| \$1 Inlaid Linoleum, per sq. yd.....75c | Royal Calvert Range, without boiler.....\$35.00 | RUBBER GOODS OF ALL KINDS |
| \$35.00 9x12 Axminster Rugs.....\$25 | \$20 Wildfire Airtight Stove.....\$15 | Government Boots.....\$2.48 |
| \$25.00 9x12 Brussels' Rugs.....\$15 | \$15 Wizard Airtight Stove.....\$10 | Ball Band Boots at the lowest level.....\$2.48 |
| 9x12 Woolen Fibre Rugs.....\$7.78 | \$10 Half-Lined Air Tight Stove.....\$5 | \$10 Gun Coat.....\$3.98 |
| 9x12 Crex Rugs.....\$4.98 | New Perfection Oil Heaters.....\$5.25 | Good Gun Coat.....\$3.98 |
| 9x12 Jap. Matting Rugs.....\$3.48 | \$30 Chiffonbe.....\$19.98 | \$10 Single Barrel Gun.....\$6.98 |
| \$1.25 All-Wool Carpet, yd.....79c | \$35 Oak Buffet.....\$25 | Gun Shells in Black and Smokeless Powder. |
| \$1 Rag Carpet.....65c | \$20 Iron Bed and Springs.....\$17.50 | |
| \$30 8-hole Security Range, with | | |

GROCCERIES—NOT LOW—BUT LOWER!

- | | | |
|-----------------------------|------------------------------------|------------------------------|
| Sugar, per lb.....5c | 1 Can Lye.....8c | 30c Loose Coffee.....12½c |
| Crackers, per pkg.....5c | Large Can Cream Corn Starch.....8c | 30c Can Corned Beef.....12½c |
| All Kinds Wash Soaps.....5c | Magic Yeast.....8c | Pink Salmon.....12½c |
| Search Light Matches.....5c | 10c Can Spices.....8c | Canned Coconut.....12½c |
| Boxes Coffee Essence.....5c | 10c Can Spices.....8c | 1-4 lb. Can Tea.....12½c |
| 2 Rolls Toilet Paper.....5c | 2 lb. Good Rice.....8c | Large Jar Mustard.....12½c |

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Pedrick True-Fit Piston Rings

How Is Your Car Running?

Everything O. K.? How about the motor? What's going on inside the cylinders? That is where the power is made, and that's where the secret of operating efficiency and smooth, powerful running lies.

Pedrick True-Fit Piston Rings will stop, forever, one of your most persistent motor troubles. They will prevent loss of power, oil leakage, smoke and carbon. They will remedy all the complaints that are caused by inefficient piston rings.

They are the only rings that continue to fit the cylinder accurately when hot. The patented process by which Pedrick's are made insures a round ring at all times, under all conditions.

They fit perfectly when new—pushing outward against the cylinder wall with the same pressure at all points. They fit perfectly when in use, unaffected by heat and driving stress; sealing the cylinder completely against loss of compression and oil leakage.

Laboratory tests conducted by automobile engineers showed that an engine fitted with Pedrick Rings delivers more power than the same engine fitted with the best known hampered ring.

One of the surest indications of Pedrick's superiority is the list of manufacturers who have selected Pedrick True-Fit Rings as part of their factory equipment. After the most severe road and laboratory tests in which Pedrick's were compared with other well-known rings, the most prominent automobile, truck and engine manufacturers have adopted Pedrick's. The list includes such names as Cadillac, Hudson, Packard, Bothland and Kelly-Springfield.

The tests to which these manufacturers put Pedrick's rings is your assurance of unusual performance.

Equip with Pedrick True-Fit Rings and get full power and better driving out of your car. Here's the guarantee that goes with them.

Pedrick True-Fit Piston Rings are sold under the unqualified guarantee that they will produce more power, save more fuel, save more oil and have more effect in reducing carbon and smoke than any other piston rings made.

The customer will be the sole judge. If he is not satisfied that Pedrick True-Fit Rings make good all claims, the dealer is authorized to refund the purchase price any time within six months from date of sale, and the manufacturer will refund the dealer's money without question.

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