

HOLD TIGHT, MISTER, LOOK OUT FOR THE BUMPS

By A. B. CHAPIN



STATE DEPARTMENT OF HEALTH BULLETIN

Some Activities of the Bureau of Child Hygiene

A course of four lectures for physicians on recent studies in subjects connected with the health of young children, will be given in different sections of the State during the winter, under the auspices of the Bureau of Child Hygiene of the State Department of Health and the local medical societies, according to an announcement by Dr. John S. Fulton, Director of the Department.

Established in 1922, the Bureau of Child Hygiene is the youngest of the eight Bureaus of the State Department of Health. Its activities are limited in accordance with the laws under which it operates to advisory care of mothers and children under school age. Care of the health of older children with special reference to the control of catching diseases and the medical inspection of school children is included among the activities of the Bureau of Communicable Diseases.

The child hygiene work in each county is carried on in cooperation with the Deputy State Health Officer or the Local Health Officer with the assistance of the local public health nurse. Much of it radiates from the child health conferences that have been organized in every county and that are held at regular intervals. Each year there has been a steady increase in the number of children who have been brought to the conferences and a constantly growing interest on the part of the mothers in the advice that is given on the general health and care of the children. No medical treatments are given at these conferences. A report of each examination is always sent to the family physician.

In 1926, over 6,000 children were brought to the conferences—an increase of more than a thousand over the number in attendance, in 1925, when 4993 were examined. Of the 6,000 examined in 1926, nearly half—2967, were prospective first graders, children from five to seven years old who were given a health examination during the summer months, in preparation for admission to school. The rest ranged in age from a few weeks or months to five years. The number of conferences held during the year was 358, or 48 more than in 1925. The number of places visited was 205, an increase of 14 over the number in 1925. Every County was visited.

DR. H. C. HUGHES - DENTIST

Office in the Telephone Exchange Building, Chestertown, Md. Local anesthetics used of extraction.

SPECIAL—Treatment given for pyorrhea alveolaris or Riggs disease—either local subcutaneous or oral.

NOTICE TO CREDITORS

NOTICE is hereby given that the undersigned has obtained from the Orphans' Court for Kent County letters of Administration on the personal estate of Charles H. Eshman, late of said county, deceased. All persons having claims against said deceased's estate are hereby warned to exhibit the same, with the proper vouchers thereof, to the undersigned on or before the 4th day of June, 1927, otherwise they may by law be excluded from all benefit of said deceased's personal estate.

All persons indebted to this estate must settle at once. Given under my hand this 30th day of November, 1926. FLORENCE LEE ESHMAN, Administratrix.

NOTICE TO CREDITORS

Wm. Frazier Russell, Jr., Attorney

IN THE MATTER OF THE TRUST ESTATE OF RUBEN F. COLE AND NANNIE F. COLE, HIS WIFE.

IN THE CIRCUIT COURT FOR KENT COUNTY, IN EQUITY NO. 2443.

Ordered this 29th day of November, in the year nineteen hundred and twenty six, by the Circuit Court for Kent County, in Equity, and by the authority of said Court, that the creditors of Ruben F. Cole and Nannie F. Cole, his wife, and all others claiming any interest in the estate and property, or the proceeds of the sale thereof, granted and assigned by the Deed of Trust of the said Ruben F. Cole and Nannie F. Cole, his wife, to William Frazier Russell, Jr., Trustee, for the purposes in said Deed stated and declared, be, and they are hereby directed and required to file their said claims, with the proper vouchers attached thereto, with the Clerk of the Circuit Court for Kent County, Maryland, on or before the 3rd day of February in the year 1927, provided a copy of this order be published in Kent County, Maryland, once in each of four successive weeks before the 3rd day of January in the year nineteen hundred and twenty seven.

LEWIN W. WICKES, True copy, Test: ROBERT R. AYRES, Clerk.

W. H. THAWLEY

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Men's Half Sole, Nailed and Rubber Heel \$1.45
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Ladies' Half Sole, Nailed and Rubber Heel \$1.20
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J. Quartararo

ELECTRIC SHOE REPAIRING AND SHOE SHINE PARLOR 223 High St., Chestertown, Md.

BANNER YEAR IN 1927 SEEN BY PRESIDENT

Coolidge is Confident Nation Faces Another Twelve Months of Unbroken Prosperity

Written Especially For The Enterprise By ROBERT FULLER

President Coolidge believes 1927 will be a banner year and that the business of the country is fundamentally sound.

His information, coming from Government sources, leads him to see continued prosperity during the coming year. All the signs, as he reads them, are favorable.

Among the things leading him to this viewpoint are the increase in employment recently reported in New York, Pennsylvania and some of the industrial states, the plentiful supply of capital for manufacturing enterprises and the low surplus of manufactured articles.

At present prosperity exists in all parts of the country except the wheat and cotton sections, the President finds, and he believes the South will be able to emerge from the

present depression resulting from low cotton prices.

Work in general is plentiful, the President understands, and the people are receiving high wages which are being spent generously so that production is being stimulated.

Railroads are in good condition, he thinks, and contracts for new equipment next year will aid business.

Manufacturing, the President is informed, is producing at far better than the average rate.

But the President recalls that dire predictions of business depression made by some at the beginning of 1926 were never realized and points to this as proof that predictions do not always materialize. But the signs, as he seems them, point to continued good business in 1927.

Bon Voyage!



Five U. S. planes are now winging their way on a 20,000 mile air jaunt around South America. Major H. A. Dargue, (top) commander of the flight, bears personal letters from Pres. Coolidge to be presented to the head of each visited country. Lower photo is of Capt. I. C. Eaker, also in command.

About Your Health

Things You Should Know



by John Joseph Gaines, M. D.

DRIED FRUITS

Winter now being on, the human family may well consider the item of the best obtainable fruits for the dietary. Fresh, native fruits are difficult to obtain at this season.

Fortunately, we do not need to accept inferior substitutes; we have in dried apples and peaches, as well as prunes and apricots, not only the equal, but actually the superior of most of the fresh fruits that come to our tables. As an article of fruit diet, there is nothing finer than the old-fashioned, home-dried apple, which may be stewed, and partaken of three times a day, with the utmost benefit to the system. Preserved fruits, which are necessarily heavily sugared, are more difficult of digestion. The "dried-apple pie" seldom heard of any more, is far safer to indulge in than many of the factory-made chemicals which are incorporated into too many of the fashionable pies of today.

Drying fruits, especially in the sun, does not remove anything of value from them. The watery content of the apple is taken away by evaporation in drying; the vitamins are left, along with the acids and bases peculiar to the variety of fruit dried. People who eat dried fruits in abundance are seldom afflicted with constipation, indigestion, ulcer of the stomach, and many nervous disorders a staticment which does not hold good when excesses of fresh fruit are taken.

Dried fruits are in no way experimental; they are a time-tested, proven, preventive of disease. I have never been called to treat a patient suffering from an over-dose of stewed, dried fruits.

Better Fire Protection In County Towns

Provisions Of Bill To Be Presented To Legislature Being Considered

Aim Is To Give State Most Modern System That Can Be Devised, Emrich Says

Provisions of a bill to give adequate fire protection to the smaller cities and all the incorporated towns and villages of the State are under consideration, it was learned at the City Hall, Baltimore, last week.

The bill will be completed in time to be introduced early in the session of the Legislature, which will begin today.

Among the points to be covered in the proposed measures are:

Right of way for fire apparatus on all the roads of the State.

State-wide fire prevention system, to follow the Baltimore system as closely as possible.

Prohibiting automobiles from following fire apparatus on the State roads at close range and from stopping their cars in the fire area.

Standardization of fire hose couplings.

The details of the proposed bill are being studied by the following committee:

Frank M. Bond, representing the Maryland State Firemen's Association.

B. S. Mace, representing the Maryland Fire Prevention Committee.

Charles H. Robinson, chairman of the fire prevention committee of the Baltimore Safety Council.

Walter R. Hough, president of the Baltimore Fire Board.

August Emrich, chief engineer of the Baltimore Fire Department.

The committee will meet at the office of the Fire Board in Baltimore within the next two or three weeks, it was said, and take up the general provisions of the bill, which are intended to cover every feature necessary to be included in an effective law.

Chief Emrich asserted that it was important that fire hose used throughout the State conform to the national standard as to couplings in or-

The Jellies

WHAT THE GIRLS OF TODAY NEED IS LESS LIPSTICK AND MORE BROOMSTICK



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HERE IT IS 1927—HOW TIME FLIES—IT ONLY SEEMS LIKE YESTERDAY THAT I WAS GOING TO SCHOOL—LAST YEAR AT THIS TIME I WAS TRYING TO LIVE UP TO A FEW NEW YEAR RESOLUTIONS I HAD MADE



GUESS I'LL MAKE A NEW SET THIS YEAR—LET ME SEE WHAT CAN I TURN OVER ANEW LEAF ABOUT? THERE ARE PLENTY OF TOUGH THINGS I DO— I CAN THINK OF A HALF DOZEN THINGS I CAN SWEAR OFF OF



WELL, GUESS I MIGHT AS WELL TEAR UP THESE RESOLUTIONS NOW